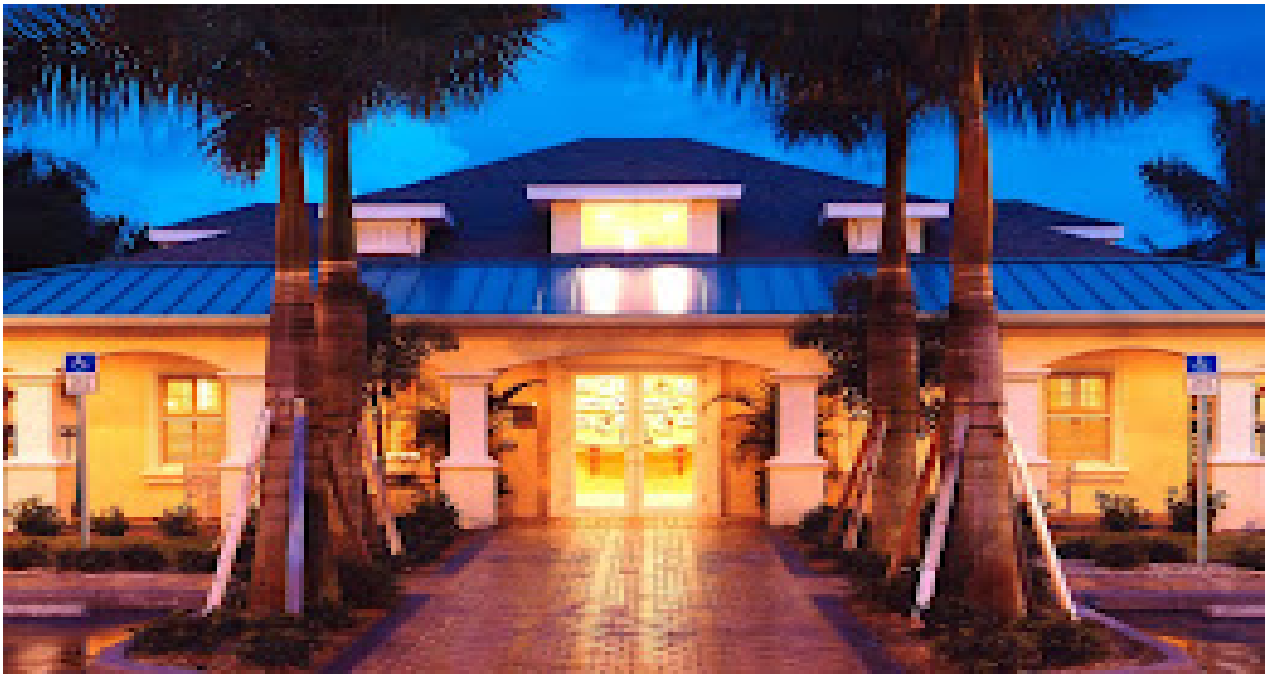


Former Patient Calls WhiteSands Alcohol and Drug Rehab in Fort Myers The Best Rehab Facility In Florida

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Fort Myers, Florida - October 14, 2021 -
Fort Myers, FL - After a life-changing experience at WhiteSands Alcohol and Drug Rehab in Fort Myers, former patient Chip was moved to leave the addiction treatment center a five-star review on Google. In his testimonial, Chip thanked the staff and praised the addiction treatment center for positively impacting his life.

?WhiteSands, Ft. Myers is absolutely the best rehab facility in Florida, if not the entire country,? he said. He went on to credit the team of therapists and counselors saying, ?The staff is outstanding! Incredibly knowledgeable and with unbelievably positive attitudes.?

WhiteSands founders set out to raise the standards and transform the addiction recovery experience when they opened their doors in 2014. ?We recognized that national relapse rates were abysmal and treatment protocols have remained stagnant for many years,? said co-founder and CEO Garry Jonas.

Patients receiving treatment at WhiteSands experience a higher quality of care, greater comfort, and

increased rates of long-term sobriety. They participate in individual or family therapy sessions five times per week while the industry standard only requires one hour per week. The center also maintains lower staff-to-patient ratios which means patients have more attention, smaller group sizes and more opportunities to participate in group therapy. WhiteSands also employs their highly credentialed clinical staff full time which results in round the clock safe-keeping, better continuity of care and improved patient outcomes overall.

In addition to improvements in clinical care, WhiteSands puts a great deal of emphasis on patients? experience while not in treatment. They strongly believe that patients? comfort level during their stay correlates with greater success in recovery. When people feel calm and comfortable, they?re able to focus and take in new information. They?re also more willing to open up and engage in therapy in meaningful ways.

To enhance the comfort of their clients, WhiteSands? inpatient facilities offer premium accommodations that include large private rooms and bathrooms with satellite tv in each room. They allow the use of cell phones and laptops in the evenings so patients can keep in touch with loved ones. They operate a state-of-the-art athletics complex and boxing gym with personal training by professional athletes and coaches. And their main campus spans 10 acres and includes a pool, basketball, and beach volleyball courts.

Patients report that having opportunities to exercise and socialize at the end of a long day of therapy becomes an integral part of their recovery process. The WhiteSands? boxing program is especially popular as patients find they?re able to work through difficult emotions that come up in treatment in a new and healthy way. These kinds of programs help people learn to replace harmful addictive behaviors with healthy habits and coping skills. And learing to have fun again without the influence of alcohol and drugs is critical for anyone in recovery.

WhiteSands appears to be living up to its mission of raising the bar in addiction treatment. In 2021, Newsweek magazine placed WhiteSands in the number one position on their annual list of the best addiction treatment centers in Florida. WhiteSands achieved the same ranking from Newsweek in 2020.

Perhaps most telling are the hundreds of 5-star reviews and testimonials from former patients like Chip. ?Private rooms, laptop and cell access in the evenings. Day are packed with impactful group sessions and lessons. I would highly recommend WhiteSands, you will be very glad you went there,? he said.

Anyone in need of help with substance abuse, whether for themselves or a loved one, can speak to a treatment specialist at any time by calling (877) 640-7820. Alternatively, visit www.whitesandstreatment.com to live chat with a counselor.

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WhiteSands Alcohol & Drug Rehab Fort Myers

Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.

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