

Resurgence Behavioral Health Applauds Bipartisan Plan to Expand Access to Mental Health Care and Addiction Treatment

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Costa Mesa, CA ? Public health experts are pointing to the connection between mental illness and addiction, and Congress appears to be listening. As a result, lawmakers from both political parties are joining together to draw up legislation providing greater access to the treatment of both disorders.

Resurgence Behavioral Health believes this attention is long overdue and welcomes it as a sign of progress toward a holistic approach to treating addiction and mental illness.

Resurgence Behavioral Health is a nationwide network of centers offering individualized treatment programs for drug and alcohol addiction and mental health disorders. Therapy covers the entire journey to recovery, from medically assisted detox through inpatient and outpatient rehab, sober living and long-term follow-up. Substance use disorders and mental illness are treated, not as separate conditions, but as co-occurring disorders that must be treated together.

This comprehensive approach is being accepted more and more in the field of behavioral healthcare, especially during the COVID-19 pandemic. Researchers have reported an increased incidence of mental illness and drug addiction during the pandemic. The numbers of drug overdose deaths are particularly worrisome. More than 95,000 people ? the most ever recorded in a single year ? died from drug overdoses between February 2020 and February 2021, according to preliminary data from the U.S. Centers for Disease Control and Prevention.

Experts say this may show a link between COVID, addiction and mental illness. Because of the isolation that many experienced during the pandemic, recovering addicts often found their support systems cut off, leaving them with fewer options for coping with the financial and emotional stress they were experiencing.

To address the addiction epidemic and accompanying mental health struggles, a bipartisan coalition of 144

U.S. House lawmakers have announced plans to push for expanded access to addiction and mental health care. They were expected to present an ambitious program of 66 bills and one resolution providing prevention and treatment.

Actions that could result from the proposals include the creation of a task force on preventing mental health crises caused by public health emergencies; funding of grants for maternal mental health and substance use counseling; limits on Medicare copayments for mental health outpatient visits; designation of methamphetamine as an emerging drug threat; and authorization of grants to provide mental health crisis training to law enforcement and corrections agencies.

Many of the proposals provide for mental health and substance abuse counseling to be offered together, which is an approach that's at the heart of Resurgence Behavioral Health.

Realizing that addiction may only be a symptom of an underlying emotional disorder, Resurgence offers dual-diagnosis treatment that approaches both co-occurring conditions together. For example, an addict may be using drugs or alcohol to cope with depression or anxiety, often related to traumatic episodes earlier in life. However, if addiction alone is treated without looking at the mental or emotional roots of the disorder, the addiction is likely to return as a form of self-medication.

This comprehensive approach is supported by current research. According to the National Institute of Mental Health, about half of those experiencing a substance use disorder will also be struggling with a mental illness such as anxiety disorder, depression, attention deficit hyperactivity disorder, bipolar disorder, personality disorders and schizophrenia.

Resurgence also enhances clients' mental and emotional well-being by providing comfortable, serene surroundings and meals that are both nourishing and delicious. Couples' treatment is available, and clients may even bring pets for emotional support. In addition, recreation and activities are designed to create a happy environment that demonstrates how satisfying life can be without drugs or alcohol.

The goal is to create a positive, emotionally supportive atmosphere where recovery is not only possible but within reach. Anyone in need of mental health or substance use disorder treatment ? or both ? is urged to contact Resurgence Behavioral Health for Costa Mesa addiction treatment, or across the country through their centers. any time day or night at 855-458-0050 or by visiting www.resurgencebehavioralhealth.com.

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For more information about Resurgence Behavioral Health, contact the company here: Resurgence Behavioral Health David Rofofsky +19498996003 info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

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