Georgetown Texas Residents Turn to Resurgence Behavioral Health for Quality Addiction Treatment Near Austin

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Georgetown, TX - As the nation struggles with a continuing substance abuse crisis, approaches to addiction treatment have become more complex and sophisticated. Mental health and trauma-related therapy are now a piece of the recovery puzzle, providing a comprehensive approach to treatment. Residents of Georgetown, Texas, are turning to Resurgence Behavioral Health for this high-quality addiction treatment.

Resurgence is on the leading edge of treatment for substance use disorders involving alcohol, drugs and prescription painkillers. Its facilities are located across the country, providing therapy for mental health disorders such as mood, anxiety, psychotic, personality and eating disorders. Services include medically assisted detox, residential and outpatient rehab, and aftercare programs such as sober living homes that help clients transition into new lives free from harmful substances.

Resurgence?s Texas center is located near the state capital, Austin, in Travis County. The National Center for Health Statistics reports that Travis County?s drug-overdose rate is 11.6 per 100,000 people for all drugs and 4.8 per 100,000 people for opioids. While the rate is lower than the national rate, the health reporting agency cites the U.S. Centers for Disease Control and Prevention in recommending more opioid addiction treatment in Travis County.

For Georgetown residents who need such help, Resurgence Texas offers a full continuum of care: from detox to residential and outpatient rehab. Clients then progress to sober living and receive extensive follow-up for long-term recovery. Resurgence Alcohol & Drug Rehab Austin knows that the time after rehab is often the most critical part of the recovery process; without the security and constant support of supervised treatment, it can be harder to cope with the stresses of everyday life. Clients who cannot attend outpatient sessions in person can choose a virtual outpatient program using digital tools.

Resurgence offers several cognitive and behavioral therapy techniques to address addiction, tailoring delivery to the client?s specific needs. Because each person?s addiction experience is different, their treatment should be too.

Treatment may include therapy for mental and emotional health disorders, which often accompany addiction. Resurgence treats drug or alcohol addiction as more than a single condition; often, addiction is just a sign that the client is struggling with deeper emotional or psychological issues. This dual-diagnosis of substance use disorder and a mental health condition presents a complex array of conditions.

It?s important to realize that not every addict suffers from a mental health issue or is self-medicating to cope with the effects of trauma experienced earlier in their lives. For instance, many become dependent on prescription painkillers simply because the drugs are highly addictive even with proper medical supervision. Depression and anxiety can also develop as a result of an addiction and aren?t necessarily the root cause of the addiction.

Dual-diagnosis treatment is a holistic approach to addiction. Resurgence extends that approach to the setting it provides to clients. All of its facilities are comfortable and serene, to make recovery as physically pleasant as possible. Resurgence serves meals prepared by an on-site chef and offers games, exercise areas and offsite outings. Clients are allowed to smoke outside, can enjoy TV in their rooms and are allowed cellphones after a two-week stabilization period.

At Resurgence, addicted couples can attend treatment together (while living in separate accommodations) and pets are allowed. Resurgence believes each partner in a relationship has a greater chance of success if both of them are motivated to find sobriety together. The emotional support people get from their pets also cannot be over-emphasized.

The plush surroundings and personalized treatment are not intended simply to pamper clients, but to remove as much physical stress as possible so they can relax, open up and focus completely on their recovery.

For more information and to speak with an addiction specialist anytime 24/7, contact Resurgence at 855-458-0050 or visit www.resurgencebehavioralhealth.com.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790