



Tampa Woman Thanks WhiteSands Alcohol and Drug Rehab Calling Herself One of Many Miracles Born of Their Program

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Tampa, FL - Laying a solid foundation for addiction recovery is key to long-lasting sobriety, which is exactly what WhiteSands Alcohol and Drug Rehab helped a former patient by the name of Annie to do. She recently left the treatment center a five-star review on Google in which she shared that she is successfully living in recovery. In her testimonial, she thanked the facility for the role they played in her recovery journey.

"Thank you to all at WhiteSands for helping me get clean. I couldn't do it alone," Annie said.

WhiteSands' founders have assembled a team of therapists and clinicians who work to uncover the driving forces behind an individual's addiction to drugs and alcohol and create a personalized treatment program exclusively for them. "By treating patients on a whole-patient and individual basis, the root cause of the addiction can be brought to the forefront so a solid foundation for recovery can be formed," said co-founder and CEO, Garry Jonas.

Jonas and cofounder Joseph Ducey, WhiteSands' COO, set out to create a treatment program that would provide the highest quality of care after recognizing the need for more in-depth and individualized care to meet the needs of patients in addiction treatment. As a result, Whitesands continues to see a higher percentage of patients achieving sustained recovery. The alcohol and drug rehab approaches addiction as a symptom of deeper underlying issues, often including undiagnosed mental health disorders. WhiteSands incorporates dual-diagnosis treatment which helps to explore and heal the root causes of substance abuse and address the patients' needs on all levels.

Some of the ways WhiteSands espouses its mission include hand-selecting its highly credentialed staff and maintaining board-certified medical professionals on-site full time. Individual or family therapy sessions with a primary therapist are provided five times per week, where other centers offer only one hour per week. Despite narrowing profits, WhiteSands maintains a lower staff-to-patient ratio which means patients get more individualized attention and have more opportunities to engage fully in their treatment. Through a unique Life Skills Program, the WhiteSands has seen much success with patients after completing treatment and offers continued daily support after discharge. "We go above and beyond because of our commitment to our patients and their outcomes," said Jonas.

Many of the WhiteSands staff are in recovery from addiction themselves and can understand what patients are going through on a deeper level. "The staff is diligent as well as compassionate," Annie said in her review. "[The] Service of those who came before me is the foundation of my recovery and as I grow through this new way of life, clean, my story can help others."

As a way to make patients more comfortable during treatment, WhiteSands also provides premier accommodations that include private rooms with their own bathrooms and TVs. The facility allows cell phone and laptop use in the evenings so that patients can keep in touch with loved ones. Amenities also include a state-of-the-art athletics complex, swimming pool, basketball, and beach volleyball courts. "It's not easy to go outside of the comforting familiar environment of my own home," Annie said. "From the moment I met the BHT who collected me from the airport up to this moment, I've felt and been safe."

WhiteSands Alcohol and Drug Rehab continue to demonstrate their investment and dedication to the addiction recovery journey. In 2020 and 2021, Newsweek magazine ranked WhiteSands number one on its annual list of the best addiction treatment centers in Florida.

The number one ranking by Newsweek is backed by hundreds of 5-star Google reviews from former patients like Annie who are thankful for the life-changing experience they had at WhiteSands. "White Sands is a major part in the making of miracles and I am humbled to say that I am one of the many miracles born of their program and facilities. The care I received is second to none. Thank you to all at WhiteSands for your

service,? she said.

Anyone in need of help for drug or alcohol addiction, for themselves or someone else, can speak to a treatment specialist any time by calling (877) 640-7820. Alternatively, visit www.whitesandtreatment.com to learn more or to live chat with an admissions counselor.

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WhiteSands Alcohol & Drug Rehab Tampa

Tampa's #1 Addiction Treatment Center in Tampa Florida for treating prescription, alcohol and drug addiction. Private rooms, amazing amenities, world-class recovery results.

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