# Chiropractor Active Body Chiro-Care Has Opened A New Location In Culver City, CA

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Active Body Chiro-Care, a chiropractic clinic with offices all over Southern California, has opened up a new location in Culver City. The clinic?s all-inclusive services include, but are not limited to, forward-thinking spinal correction with cutting-edge adjustment techniques, massage therapy, trigger point therapy, traction, corrective exercises, and nutritional and lifestyle counseling.

Chiropractic has become one of the first defenses against musculoskeletal issues for a large demographic of the country. Chiropractors treat more than 35 million Americans annually for a range of issues, most prominently lower back pain. Americans say that chiropractic is more effective on lower back pain than medications, massage, yoga, pilates, and OTC drugs. Its effectiveness is recognized all over the world as more than 100 million adjustments occur every day, globally. Its transformative effect on pain weans patients off pharmaceuticals and in some cases reduces their personal drug costs by up to 85%. Active Body Chiro-Care aims to be the chiropractor in Culver City that brings the benefits of this well-established and time-tested practice to those suffering from a range of chronic pain issues that can be healed by performing spinal adjustments.

Patients who have been suffering from chronic pain (pain that lasts for three months or more) regardless of severity can seek chiropractic treatment at one of Active Body Chiro-Care?s many locations in California. Symptoms of such chronic pain can include shooting, aching, burning, electrical sensations, stiffness, discomfort, soreness, and tightness. Chronic pain is persistent, does not subside, and may be accompanied by fatigue, an inability to perform activities, a weakened immune system (which can lead to regular illness and infection), loss of motion, and changes in mood that can negatively impact mental health leading to stress, depression, irritability, and anxiety.

Active Body Chiro-Care prides itself on its ability to provide secure, drug-free pain management by implementing a non-invasive approach to pain management and injury rehabilitation. It customizes treatment programs to meet each client?s unique needs by performing spinal and postural screenings, as well as diagnostic tests and an evaluation of their full medical history.

A spokesperson for Active Body Chiro-Care talks about its pain alleviation services by saying, ?Chronic pain can sneak up on you due to a lot of factors such as a sedentary lifestyle, improper posture, sports injuries, automobile accidents, and many more controllable or uncontrollable events that happen in everyday life. If you don?t get it looked at by a certified professional, you run the risk of aggravating your condition, leading to a poor quality of life that will not only affect your daily performance and productivity at work but will also sap the joy out of the time spent with your loved ones and the activities that make you happy. You may have tried several OTC drugs, medications, exercise regimens, diet changes, and more to take back control of your body and reduce the pain but they may have all failed. Unlike other medication-based treatments and temporary fixes, Active Body Chiro Care?s treatments look beyond the symptoms and aim to solve the root cause behind the pain. Our professional care providers merge concentrated chiropractic treatments with dietary and life counseling, to treat the person holistically. We implore you to visit one of our locations and give our services a try. We are certain that you will come out of the treatment stronger, wiser, and healthier naturally, by using the latent power of your body to heal itself. One appointment with us and you will find out why our clients consider us to be the best holistic chiropractor in Los Angeles.?

The Culver City office of Active Body Chiro-Care is located at 4329 Sepulveda Blvd, Suite A, Culver City, CA 90230. It can be contacted at the phone number (310) 699-9299. Readers can also request an appointment by heading over to a contact form on its website. The Culver City practice is open on Mondays, Wednesdays, and Fridays from 8:00 AM to 7:00 PM.

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For more information about Active Body Chiro-Care, contact the company here:Active Body Chiro-CareDr. James Hogan(310) 699-9299Jhogan@activebodychirocare.com10960 Wilshire Blvd, Los Angeles, CA 90024

# Active Body Chiro-Care

*Dr. James Hogan is a licensed Chiropractor serving the West Hollywood, Santa Monica, Los Angeles, Beverly Hills and Hawthorne community. Dr. James Hogan works with patients of all ages and physical abilities, including professional athletes.*

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