

Orlando Woman Thanks WhiteSands Alcohol and Drug Rehab for Saving Her Life

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Orlando, FL - When it comes to providing quality care in addiction treatment, WhiteSands Alcohol and Drug Rehab set the industry standard. Newsweek magazine ranked them the number one addiction treatment center in Florida in 2020 and 2021, and they consistently receive positive reviews from past clients and their families. One former patient named Malisa recently left the center a 5-star Google review in which she thanked WhiteSands for helping her find a new lease on life. ?This facility and staff saved my life,? she said.

WhiteSands? goal is to ensure each patient feels confident about continuing their recovery journey upon leaving treatment. They provide clients with all of the skills and resources necessary to give them the best possible chance of successfully navigating sobriety long term.

?We support patients by helping them create healthy habits, which can become a new part of their daily routine,? said WhiteSands co-founder and CEO, Garry Jonas. After completing her residential treatment program, Malisa left WhiteSands with a clear plan in place for ongoing support in the form of outpatient

treatment and aftercare close to home.

WhiteSands created a Recovery and Wellness Program to help address concerns that come with the transition between leaving inpatient or outpatient treatment and entering the next phase in the recovery process. As part of the program, the alcohol and drug rehab offers structured aftercare and relapse prevention plans that help patients maintain long-term sobriety. The program also allows WhiteSands to closely monitor patients? progress in recovery. ?The counselors helped me develop coping skills needed to deal with life problems without turning to alcohol,? said Malisa.

Jonas and cofounder Joseph Ducey, WhiteSands? COO, have been on a mission to develop the most comprehensive and individualized treatment program possible for their guests. ?We believe that one-on-one care should be expanded within the treatment experience,? said Jonas.

With a focus on quality care, WhiteSands has significantly raised the standards for addiction treatment. Jonas and Ducey recognized that treatment protocols had remained stagnant for many years and felt they could offer something much better than what was currently available to people in need. They set out to create a program that stood well above its competition and that treated patients as individuals and ?guests?.

As a result, WhiteSands has seen a higher percentage of patients achieving sustained recovery. By focusing on quality, individualized care, and patient comfort during treatment, the alcohol and drug rehab found that patients were better able to understand their disease and address the issues underlying their substance use and mental health disorders.

Continuity of care and guidance at WhiteSands is fostered by a team of highly-qualified addiction therapists, counselors, and specialists who are experts in the field of substance abuse treatment and recovery. The staff ensures that patients have access to care for as long as they need it. The treatment center has found that having a strong support system in place, especially after leaving inpatient treatment, is a crucial element of lasting recovery.

WhiteSands provides premier accommodations and amenities in a beautiful and relaxing environment because they?ve found that when people feel safe and comfortable they are much more receptive to treatment. Inpatient treatment centers offer private rooms with private bathrooms, TVs in each room, an athletics and recreation center where patients can work out with personal trainers, a swimming pool, basketball courts, beach volleyball, and more.

?I would recommend WhiteSands to anyone dealing with substance abuse,? Malisa said.

To learn more about WhiteSands or to speak with a treatment specialist any time day or night, call (877) 640-7820 or visit www.whitesandstreatment.com.

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WhiteSands Alcohol & Drug Rehab Orlando

WhiteSands Alcohol & Drug Rehab Orlando is the leading addiction treatment center in Orlando Florida. Specializing in providing a full continuum of care. From detox and rehab to after care and alumni support.

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