Revival Soy Is Offering Soy Products For Relieving Menopausal Hot Flashes

November 22, 2021

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Revival Soy, a manufacturer of doctor-formulated soy protein, is offering soy products to help women relieve peri-menopause, menopause, and post-menopause discomfort.

Revival?s range of soy products for hot flashes was created by Dr. Aaron Tabor who wanted to help his mother, Suzanne Tabor, who was experiencing the discomforts of menopause such as hot flashes, night sweats, mood swings, weight gain, and more. His thesis was to find a natural solution to help combat the effects of menopause. Then a medical student at Johns Hopkins Medical School, his research led him to discover that Asian women reported significantly lower rates of menopausal hot flashes when compared to women in the USA.

He surmised that dietary differences may be one possible reason for the low incidence of menopausal discomforts in these cultures as Asian women typically consume more vegetables, grains, and beans and less animal protein compared to women in Western cultures. Soy foods are a major part of Asian diets and this compelled him to shift his focus to it for his medical investigation.

A peer-reviewed published study at The Johns Hopkins Hospital showed definitive results that Revival Soy can reduce hot flashes naturally. The study was funded in part by Physician Laboratories and it found that the typical reduction in menopausal hot flashes was nearly 40% in just 12 weeks. Women used one serving of Revival Soy per day and experienced significant reductions in hot flashes and nights sweats, compared to their starting baseline levels.

Over time, there also have been many other studies that detail the strong link between dietary soy and its effects of combating menopausal discomfort. In one study, soy isoflavones were reported to increase the percent of women who no longer endured hot flashes and reduced the number of hot flashes in other women. In another study on soy and menopause, it was reported that isoflavones reduced a large number of menopausal discomforts. While few studies have examined different amounts of isoflavones, there is evidence that higher amounts may be important. A recent study showed that 35 mg of soy isoflavones had no effect, while 70 mg effectively reduced hot flashes. These and other studies indicate that the positive effects of soy for menopause relief are often observed within 1 ? 3 months of regular consumption.

Suzanne Tabor talks about Revival?s line of products by saying, ?Entering the golden years is meant to be the time when you start to free yourself from the responsibility of raising children and start to enjoy the fruits of the labor that you have put in all your life. However, if your body doesn?t support you, that age can be very distressing as you can suffer from menopausal discomfort, find it hard to keep up with even light physical activity, or put on pounds that further complicate your health and any possible recovery. I went through the same rigmarole and was desperate for some kind of real relief. I asked my son to help with these new discomforts and boy did he deliver! He spent time perfecting the first Revival Soy Blend that got rid of soy?s chalky taste and gritty texture. It not only made the drink chock full of nutrients but also a joy to drink. In just 4 weeks after consuming the drink on a daily basis, I had much more energy than usual and my menopausal discomforts nearly vanished. I also have the best skin, hair, and nail appearance of my life along with a slim waistline. I recommend that you incorporate this popular Asian legume in your diet through the use of our soy blends and experience its wholesome effects for yourself.?

The company also makes soy shakes for weight loss, soy protein shakes, soy protein bars, soy protein chips, single bars and shakes, bariatric-friendly soy, and other healthy products. Its signature shakes are gluten-free, lactose-free, kosher, vegan, and meet the FDA's criteria for heart-healthy soy foods. 1 shake contains approximately the same amount of soy isoflavones found in about 6 cups of a typical soymilk serving.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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