

# Majik: How To Annihilate Self Sabotage In 3 Easy Steps

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Nicole Majik, a St. Manville, RI based empowerment alchemist, would like to help those who may be looking for a way to stop self-sabotage through her easy 3-step program. In her free course, Majik teaches people how to potentially change their outlook on life completely and helps them learn how to handle their emotions, use their time effectively and produce results more consistently. Annihilate Self Sabotage In 3 Easy Steps, with access to the free course [here](#).

As an empowerment alchemist, Majik helps people go from feeling unworthy to unstoppable. "15 Days to a Confident You Even in the Face of Adversity will help you understand the various areas that sabotage you from achieving success in work, love, personal goals, health and wealth," says Majik's website. "This program is for you if you have tried and failed to achieve your best life and feel that every time you've progressed, something crops up that sends you backwards all over again. If you have done this once or many times, this program will help you kick start the transformation you've been waiting for in your life! I use a layered approach designed to tackle both the conscious and subconscious to propel you forward quicker and easier than you have ever imagined so that you never have to worry if you are "good enough" ever again. You will know it and show it and others will ask you what your secret is!"

Majik's program primarily deals with helping people get rid of self-sabotage. They learn to find the patterns that constantly derail their lives and figure out how to break out of said patterns. The course explains what happens when they subconsciously give in to limiting beliefs and self-sabotage, along with how and why people-pleasing is a guaranteed way to prevent themselves from making progress. The program helps those who choose to participate become more conscious, learning how to amplify positive feelings and erase negative ones. Uncontrolled thought can form a loop of drama-based emotion, and Majik's program also explores what this means and how to deal with it.

The anti self-sabotage 3-step program leads participants to say goodbye to their fears and distorted thoughts in order to build up their self confidence. This process involves the creation of new beliefs, thoughts and patterns to support growth and success. Majik's program promises a start to the transformation they may have been looking for where they previously had no clue as to how to begin the process of developing a

healthier mindset.

"This program has changed my life," says Katie about her experience with the program. "Nicole has helped me see I am worth more than I gave myself credit for. I now have the steps to set healthy boundaries and move forward, creating better habits and improving my mind and body."

Another participant, Kelly, says, "Nicole's program provided me with the tools and information necessary to succeed. I was able to identify the key issues and negative thought patterns that stood in my way of success as well as making and sticking to an action plan."

A number of other people have left testimonials praising Nicole Majik and her programs for changing their lives and helping to put them back on track. Many people from many different walks of life have had nothing but positive feedback to share about their experiences with Majik, with many seeing Nicole Majik as the sole reason for their ability to stop self-sabotaging

Nicole Majik is what is known as an empowerment alchemist. She has a diverse background in biology and chemistry, metaphysics and finance. Her skills and experience cover a number of different fields and circumstances, which means she is uniquely equipped to handle all kinds of issues. She works with leaders, entrepreneurs and executives who feel stuck in one area of life or another. To learn more of how Nicole Majik can help, you can see her main website here. Get in touch today to begin the process of defeating self-sabotage and other habits that may be preventing progress.

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## **Majik, LLC**

*Nicole Majik is an accomplished leadership and empowerment strategist and educator with a diverse background in Chemistry & Finance. She awakens your true potential by permanently erasing limiting beliefs so you live a life you deserve and love.*

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