Residents of Terrell Hills a Suburb of San Antonio Turn to Resurgence Behavioral Health for Effective Addiction and Mental Health Treatment

November 12, 2021

Wimberley, Texas - November 12, 2021 -
Terrell Hills, TX - With so much stress and pain, both emotional and physical, and so many potent substances available to offer relief, anyone can find themself or a loved one in the grips of substance abuse and addiction. Residents of Terrell Hills, Texas, and nearby communities, have an excellent resource for help nearby at Resurgence Behavioral Health.

Resurgence is part of a nationwide network of substance abuse and mental health treatment centers offering leading-edge treatment for alcohol and drug dependence and related mental health disorders. It uses a wide variety of therapies to help addicts free themselves from addiction and find long-term sobriety.

Substance abuse is a continuing problem in Texas including the area around San Antonio, including Terrell Hills. According to the National Institute on Drug Abuse, opioid-involved overdoses claimed the lives of 1,402 residents in 2018, about 4.8% of the population. In 2018, Texas healthcare providers wrote 47.2 opioid prescriptions for every 100 persons, slightly under the U.S. rate of 51.4 in the same year.

For those who have realized they need help to beat their addiction to alcohol and drugs, Resurgence offers hope with therapy that gets to the roots causes of addiction. Treatment is also available for disorders involving prescription pain killers and medications for anxiety, depression and other mental health conditions.

Programs usually begin with a period of medically assisted detox, followed by inpatient (residential) and outpatient rehab. In addition, clients in outpatient care may be referred to Resurgence?s Partial Hospitalization, Intensive Outpatient or Sober Living programs, which offer support, therapy and guidance while the client transitions back to everyday life. Virtual treatment also is available for clients who cannot travel to the center for outpatient care.

Clients still receive support even after completing these programs. They continue in aftercare for as long as they need help with life skills and strategies to manage stress and other challenges.

Finally, alumni programs and activities help graduates stay connected to a positive and supportive sober community long after formal treatment ends.

Resurgence?s comprehensive approach to treatment enables clients to seamlessly transition from one level of care to the next within the same facility, so they can continue to find support from those with whom they?ve shared the recovery experience.

A cornerstone of treatment at Resurgence in Austin is its customized approach. Each person?s treatment must be as individual as the person themselves. Treatment also goes deeper than the addiction itself, which often is not the core problem but a symptom of an underlying psychological disorder. For example, drinking or using drugs may just be a strategy for coping with depression or anxiety. Therefore, Resurgence treats addiction and mental health disorders as a ?dual diagnosis? demanding coordinated care.

This holistic philosophy also includes the physical surroundings that Resurgence creates for its clients. Here, clients find a warm, welcoming environment that removes as much stress as possible, so clients can focus on their recovery. The more relaxed and comfortable they are, the more successful their recovery can be.

Resurgence also provides emotional comfort by allowing addicted couples to take inpatient treatment together (while staying in separate, same-sex living areas). Pets are permitted; so is smoking outdoors. After an initial adjustment period, clients also have access to their cell phones and laptops.

A final pillar of support comes from the Resurgence staff, known for their compassion and expertise. The Resurgence team includes medical professionals, certified addiction counselors, licensed therapists and trained addiction specialists. They have a thorough understanding of addiction and the recovery experience and are often mentioned by name in the many positive reviews Resurgence receives on third-party sites like Google and Facebook.

Anyone searching for addiction treatment for themselves or a loved one can speak to a treatment specialist at any time by visiting Resurgence online or calling (855) 458-0050.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790

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