Choice Men?s Health Answers The Question: Is Ed Permanent?

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Choice Men's Health, a leading men's health clinic based in Atlanta, Georgia, recently published a blog post that discusses the relationship between diabetes and erectile dysfunction (ED). The company's newest article tackles the long-asked question of whether erectile dysfunction is permanent.

Fortunately, the answer is erectile dysfunction is almost always reversible. Completely curing ED isn't always possible, but a well-thought-out treatment plan can reduce or eliminate the symptoms entirely, ultimately leading to sexual intercourse being pleasurable again. There are two different types of erectile dysfunction that doctors have identified, primary ED and secondary ED.

Primary ED is defined as when a man has never been able to have or sustain an erection. This has been deemed to be very uncommon. Secondary ED is defined as when a man who once had regular erectile function starts to experience ED. Whereas Primary ED may require more intensive medical-based treatments, secondary ED can more often than not be reversed and is therefore temporary for most men.

Learn more here: https://www.choicemenshealth.com/is-erectile-dysfunction-permanent/.

Another of the company's articles discusses how diabetes can contribute to men having difficulty in getting and maintaining an erection in order to engage in sexual intercourse. Diabetic patients may have damage to the blood supply to the penis, which can have a noticeable impact on blood flow, which in turn can cause ED. Additionally, there may be damage to the nerves which control the erection. The post discusses the nature and causes of ED and how it may be either permanent or temporary in certain cases.

Most men will suffer from ED as they grow older. However, a diabetic is likely to face this issue five to ten years earlier than someone who is not. Choice Men's Health clarifies, "ED can be related to insufficient blood flow to the penis, emotional issues such as depression or anxiety or problems with the nerves to the penis.

Diabetes can make these issues worse or even cause them in the first place. Current data has identified several likely risk factors for erectile dysfunction in patients, specifically with diabetes. These are damaged blood vessels, low testosterone levels, depression, and the side effects of medications."

Damage to small blood vessels usually occurs due to higher levels of sugar or glucose in the bloodstream due to diabetes. This type of blood vessel damage often results in vision loss, kidney damage, nerve pain, and vascular disease. Such damage to the small blood vessels in the penis also makes it more challenging to get an erection and maintain it. This is why erectile dysfunction is a more significant issue in diabetic men, particularly when the disease is not under control. In 25% of diabetic men, observations have shown that they have low levels of testosterone, which can also contribute to problems such as ED.

Diabetes is a difficult diagnosis for any person, and the stress of coping with the disease often leads to anxiety and depression. In men, this depression can cause issues regarding ED and sexual health as well. Anxiety can also result in a sudden loss of erection during intercourse or cause problems such as ED. However, as the post reassures, "ED is almost always reversible."

However, it also highlights that the underlying cause must be addressed, and there could be many possibilities. The medication given to diabetic men in order to reduce the risk of further issues and complications of diabetes can contribute to ED due to factors such as a reduction in blood pressure or as a side effect of their medication. Other prescription medications can also have side effects which contribute to ED. Fortunately, in most cases, men can take oral medication to treat diabetes and ED. The post cautions that some medications may not be appropriate because men with diabetes often have heart problems, too (the medication for ED and heart issues may react negatively).

Other treatments for men with ED include intra-cavernous injection therapy, vacuum devices, venous constriction devices (for venous leak syndrome), intraurethral therapy, a penile prosthesis (inflatable and malleable), and sex therapy. In the cases of some individuals, changes to lifestyle (such as quitting smoking, decreasing cholesterol and fat in their diet), reducing stress, exercising, and maintaining a healthy weight may also prove beneficial in reducing the occurrence of ED. Choice Men's Health offers specialized treatments for men who are dealing with erectile dysfunction.

Choice Men's Health provides erectile dysfunction treatments which are catered to the specific needs of each patient. The clinic's certified medical professionals are thorough when learning about each patient's condition and are dedicated to using that knowledge to determine the best possible course of treatment. They also understand how such an issue is often a personal matter to their patients, and they take measures to ensure that patients are comfortable at all times by maintaining strict privacy and confidentiality regarding their

health.

To learn more about the best erectile dysfunction treatment offered by Choice Men's Health, interested parties may visit their website. Patients may also contact the clinic via phone or email to schedule a consultation.

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For more information about Choice Men's Health, contact the company here:Choice Men's HealthDr. Katz(404) 400-3717info@choicemenshealth.com1945 The Exchange SE, Suite 435Atlanta, GA 30339

Choice Men's Health

At Choice Men's Health in Atlanta, Georgia, we provide customized treatment plans to help men achieve a healthy and active sex life. With our licensed medical professionals, we provide personalized ED Treatments and PE Treatment.

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