True Potential Chiropractic Is Offering Services For Chronic Neck Pain Relief In Beaverton, OR

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True Potential Chiropractic is providing the best treatment for chronic neck pain relief Beaverton, OR, has to offer.

Patients can suffer from chronic neck pain for a number of different reasons. It can be lifestyle-related such as lack of physical activity or poor posture while working. It can even manifest itself in patients who have been in an auto accident or those who have been dealing with a sports-related injury. In some cases, the neck and spinal cord may have seemed and felt fine for days or weeks after the accident and the chronic pain may have started to bother the patient a long while after the inciting incident took place.

Chiropractic doctors have been trained to look out for and treat a number of chronic neck-related conditions such as cervical intervertebral disc injuries, cervical sprain injuries, degenerative joint syndrome, facet joint sprain, and whiplash. They begin by examining the areas of the body that have restricted movement and then combining that information with the patient?s overall posture and spinal alignment. A chiropractor will create a plan for treating the patient?s entire body using a combination of corrective care which is corrective spinal adjustments based off of x-ray biomarkers, manual therapy, and other techniques.

Cervical manipulation can loosen up the joints of the cervical vertebrae in the neck reducing pain caused by pinched nerves, muscle spasms, and strains. Cervical manipulation techniques include instrument-assisted manipulation, during which the chiropractor uses a hand-held instrument to apply force without thrusting into the spine, and specific corrective spinal adjustments based off of a x-ray biomarker which helps restore joint movement using a gentle thrusting technique. Chiropractors can even suggest other therapies such as instrument-assisted soft tissue therapy, manual joint stretching, resistance techniques, therapeutic massages, and trigger point therapy to address the chronic neck pain issues faced by the patient.

The chiropractors at True Potential Chiropractic can remedy a wide range of patient complaints such as aging

issues, arthritis, auto accident injuries, balance issues, carpal tunnel, chronic fatigue, chronic pain, concussions, disc conditions, extremity pain, frequent colds, gamers? posture, hand and foot numbness, headaches and migraines, inflammation and swelling, knee pain, leg numbness, limited motion, low back pain, military injuries, muscular issues, neurological conditions, pediatric orthopedic complaints, pregnancy issues, sciatica, scoliosis, shoulder conditions, sports-specific injuries, stress, tendonitis and soft tissue issues, temporomandibular joint dysfunction (TMJ), work-related injuries, and whiplash.

Readers looking for the best family care chiropractor Beaverton has to offer will be pleased to find out that True Potential Chiropractic also provides Licensed Massage Therapists (LMTs) that provide personalized massages utilizing a variety of techniques to improve overall health and wellness. The therapists are experts in rehabilitative deep tissue modalities, use techniques that recover and improve range of motion and function, are sensitive to all ages, genders, races, cultures, and ethnicities, deliver in-depth instruction on self-care methods, and can coach in-session and give post-session homework. They can heal the patient using a range of modalities including aromatherapy, craniosacral therapy, cupping, decompressive taping, deep tissue massage, myofascial release, prenatal massage, sports massage, Swedish massage, and trigger point therapy.

The center has a number of successful chronic neck pain patient case studies highlighted on its website. One such success story tells of a patient that experienced chronic neck pain and shoulder tightness that he blamed on poor ergonomics at work. Since the patient was expected to work on a computer 5-7 hours per day, the patient mentioned he was considering changing careers because the pain wasn?t worth staying at his job. Corrective care chiropractic helped to align the patient?s spine at the core of the body. With the help of wellness care, the patient was able to continue working the job he loves without pain.

Readers searching online for ?Chiropractor Near Me Beaverton? can contact True Potential Chiropractic at the phone number (503) 574-4872 or at the email address info@tpcportland.com to request an appointment. The center is located at 8283 SW Cirrus Drive, Bldg 15, Beaverton, OR, 97008, US.

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For more information about True Potential Chiropractic, contact the company here:True Potential ChiropracticDr. Bryen Bell503-574-4872drbell@tpcportland.com8283 SW Cirrus DriveBldg 15Beaverton OR, 97008

True Potential Chiropractic

True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from

prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.

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