

# **Bexley Dental Explains the Advantages of the All on 4 Technique for Full Mouth Dental Implants**

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Bexley Dental, a dental office based in Bexley, NSW, Australia, explains the advantages of the All on 4 technique as a full mouth implant option for replacing a full arch of teeth. It is important to note that the conventional approach to replacing teeth with an arch is by having 8 or more implants but this has certain limitations and is typically a more expensive alternative. In contrast, there is the All on 4 approach, which is an innovative technique that will only need 4 implants to provide support for a full arch of teeth. It is the All on 4 technique that is offered at Bexley Dental because of its various benefits.

Dr. Theo Spyrakis, founder of Bexley Dental and an expert in the All on 4 technique, explains, "All on 4 is an advanced dental implant technique. It is one of the methods used for full mouth implants, where the whole set of upper or lower teeth is replaced. However, instead of needing an implant for each of them, they are supported with just four implants. The conventional procedure to replace a full arch of teeth requires eight or more implants but this has the limitation of having to put implants in those areas where there is reduced bone density at the back of the mouth. As a remedy for this, sinus augmentation and bone grafting may be needed to strengthen the jaw bone, which is a much more invasive procedure. But with All on 4, only two implants are required at the back of the mouth, which can be angled at 45 degrees to avoid bone-deficient areas."

All on 4 has several distinct advantages over the conventional method for full mouth implants. These include: the fact that only four implants are required to support a full arch of teeth; elimination of the need for bone grafting; the fact that it is a less invasive procedure, thus reducing the healing and rehabilitation process; the fact that it is a much faster procedure; more flexibility in terms of design and in the optimum replacement of teeth; the fact that it doesn't need the same bone density to secure the implant; and the fact that the patient gets new fixed teeth in just 24 hours after surgery.

Meanwhile, at Bexley Dental, Dr. Spyrakis is mostly focused on the All on 4 treatment and has performed more than 550 All on 4 and single dental implant procedures each year. As such, Dr. Spyrakis has developed

the reputation of being one of the most experienced dentists in Sydney when it comes to full mouth dental implants and has made a substantial impact on the lives of many patients.

All on 4 dental implants may be suitable for anyone who has damaged, failing, or missing teeth. There are common scenarios where the treatment can be recommended. One is when the patient doesn't have a fully operational set of teeth and this has a significant impact on daily life, how the patient smiles and what the patient can eat. Another scenario is when the patient is fed up with dentures that do not fit properly, causing discomfort and even possibly flying out of the mouth when talking. And it may also be recommended for patients who can't have the conventional implant procedure because of reduced bone density from gum disease or tooth loss.

Founded in 1990 by Dr. Theo Spyrakis, Bexley Dental has evolved into a dental practice with four dentists and three hygiene therapists who are all ready to help patients regain their beautiful smile. They have knowledge and experience in offering a broad range of cosmetic dental treatments that can help bring back that beautiful smile on their patients' faces. Whether the teeth are chipped, damaged, or stained, there is no longer any need for patients to be embarrassed with their smile after undergoing the treatments they offer.

People who are interested in dental implants in Bexley and neighbouring areas can visit the Bexley Dental website, or contact them on the telephone or through email. They are open from 8:00 am to 7:00 pm, on Mondays and Thursdays; from 8:00 am to 6:00 pm, on Tuesdays and Wednesdays; from 8:00 am to 5:00 pm on Fridays; and from 8:00 am to 1:00 pm, on Saturdays.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151  
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## **Bexley Dental**

*Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spyrakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy*

Website: <https://www.ssdentalclinic.com.au/dental-implants/all-on-4>

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