



San Fernando Valley School Having Success Helping Students Gain Their Personal Trainer Certification In Los Angeles

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Strength Academy Personal Trainer Certification is a school that likes to help someone turn their passion for fitness into a full-time career. They do this by offering an accelerated five-week, hands-on NASM-CPT Course. A course that's designed to prep aspiring personal trainers for the somewhat difficult NASM certification exam (one of the most prestigious certifying bodies in the personal training space). The success the school's students have had when taking the exam has led many to refer to them as the top personal trainer school in the San Fernando Valley area. The school representative, Natalia Lane, says, "The NASM certification exam for aspiring personal trainers is a lot more difficult than most exam participants expect when they go to take it. Many end up taking it several times before passing it or simply giving up their dream to be a full-time professional trainer. That definitely does not have to be the case for those that take our accelerated five-week, hands-on NASM-CPT Course. This course enables many of our students that put in the right effort to pass the NASM certification exam on their very first try."

Lane stated that their NASM-CPT Course is meant for those that are excited to get started right away in a career in personal training. For that to happen, she mentioned those who attend the school must come there

extremely focused on their goals. That's because a lot of ground is covered in the five short weeks that the course is taught over. Without a student being extremely focused on their personal training goals, they might not benefit from the course as much as they should. The school representative also talked about how the school is structured in such a way that it helps students stay engaged at all times so they get the most out of the exam prep course. The fact that a large majority of the teaching is hands-on has a lot to do with this. She went on to say that their instructors and their teaching curriculum are certified by the National Academy of Sports Medicine and they are accredited through the NCCA (National Commission for Certifying Agencies). It's the type of credibility that all of the most respected personal training schools have. The main focus of their course is their face-to-face and hands-on learning sessions for new fitness professionals. They like to use proprietary training methodology that lends itself to real-world fitness applications. These courses are taught by some of the most respected names in the Los Angeles fitness community. This course even teaches prospective fitness trainers how to build a relationship with their clients to help achieve optimal results. It's a curriculum that will not only help those that attend their classes pass the NASM certification exam but will also help them launch a successful personal training career. Lane pointed out that much about how their course is set up can also be viewed on their Instagram profile.

Those that have attended Strength Academy Personal Trainer Certification classes have been left with a very favorable impression. Tina Morena stated, "Hands down, the best and fastest way to get certified! Strength Academy's class structure is academic and hands-on training. This class really prepared me for the exam and the staff was readily available for last-minute recap sessions that helped me get through it. I highly recommend them to get you started in the fitness industry."

Lane went on to say that they always strive to excel as an organization. That's why everything they do concerning their exam prep classes is done based on their instructors' many years of experience and done to the very best of their ability. This school's San Fernando Valley Campus is conveniently located at 6314 Sepulveda Blvd, Van Nuys, CA 91411. It's a location that's just a short distance from Sherman Oaks, Lake Balboa, and Panorama City of the San Fernando Valley area of Los Angeles. For more information on this organization's NASM certification exam prep courses, people can contact them by phone, email, or by filling out the form found on their website. That website can be viewed here at <https://sacpt.org/>.

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Strength Academy Personal Trainer Certification

Become a NASM Certified Personal Trainer in just 5 weeks with the #1 Personal Trainer School in Los Angeles! We will help you ace your NASM-CPT exam in our accelerated 5-week hands-on course. We're here to set you up for a successful fitness career.

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