



Class For Personal Trainer Certification In LA Available At Strength Academy

December 22, 2021

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Van Nuys, California based Strength Academy Personal Trainer Certification is offering classes for personal trainer certification in Los Angeles. Strength Academy has established itself as the top personal trainer school in the San Fernando Valley. More information about their educational programs can be found here: <https://sacpt.org/>.

Natalia Lane of Strength Academy Personal Trainer Certification says, "People who want to become personal trainers are often looking for a lifestyle or career change that better matches their already active lifestyle. Personal training is about changing lives, enabling and empowering people to live out their best selves. By taking Strength Academy's accelerated five-week, hands-on NASM-CPT course, you can turn your passion for fitness into a viable career."

NASM (National Academy of Sports Medicine) is one of the world-leading authorities in fitness certifications. As such, they offer a much-lauded personal trainer certification program. The NASM personal trainer

certification program equips people to become personal trainers, with all the necessary foundational knowledge covered in 23 chapters that make up six modules. These modules cover everything they will need, including professional responsibility, client relationships and behavioral coaching, basic and applied sciences and nutritional concepts, program development for personal training clients and more.

Once a student has completed all these modules, they are ready to take the NASM exam. While NASM does provide options for online learning, many people feel that hands-on experience helps to assimilate the learning, so NASM has certified certain institutions to give an education program with a hands-on approach.

Strength Academy is one such certified institution that delivers an in-person and hands-on program with class sessions at their location. Their facility has been adapted for an optimum learning experience, and they strive to support personal trainers at every turn. They can provide plenty of support for budding personal trainers with their personal trainers' club and access to their gym for meeting and training clients. Strength Academy assures that at the end of their course, their students will be ready to earn the NASM personal trainer certification.

Lane says, "At Strength Academy, our goal is to create a fitness training experience like no other. NASM, the leading certifying body and education authority for Certified Personal Trainers around the world, sets the bar for fitness certification. We combine NASM's world famous curriculum with our in-house real world application provided by qualified trainers to provide our students with everything they need to know. Students who train with us are more likely prepared for clients and a long successful career as a fitness professional than others who might just do NASM's course online or somewhere else."

They continue, "We are pleased to be able to say that the response we've had from the personal trainers' community in Los Angeles has been overwhelmingly positive, with class sessions already starting in the space even so short a time after its opening. We have a new class that will begin in January 2022, and registrations are now open and quickly filling up. If you have any intentions or interests in becoming a personal trainer, you should register now and get started."

The services provided by Strength Academy Personal Trainer Certification have earned the institution a lot of praise from their students. On the Google platform, they have a stellar rating of 5 out of 5 Stars. Tre Hampton says in their review, "Been here for a few months training my clients. They like this place because it's private. It has all the equipment I need."

In another review, Tina Morena writes, "Hands down, the best and fastest way to get certified! Strength Academy's class structure is academic and hands-on training. This class really prepared me for the exam, and the staff was readily available for last-minute recap sessions that helped me get through it. I highly recommend them to get you started in the fitness industry."

Anyone who wants to learn more about Strength Academy Personal Trainer Certification or their services can find more information about them on their website. The company encourages anyone interested in getting certified as a personal trainer to get in touch with them via email or phone. Alternatively, they may also visit the team at 6314 Sepulveda Blvd, Van Nuys, CA 91411, United States.

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For more information about Strength Academy Personal Trainer Certification, contact the company here: Strength Academy Personal Trainer Certification Natalia Lane +1 818-858-6395 Natalia.Lane@sacpt.org 6314 Sepulveda Blvd, Van Nuys, CA 91411, United

Strength Academy Personal Trainer Certification

Become a NASM Certified Personal Trainer in just 5 weeks with the #1 Personal Trainer School in Los Angeles! We will help you ace your NASM-CPT exam in our accelerated 5-week hands-on course. We're here to set you up for a successful fitness career.

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