

Gemini Diode Laser Repairs Gums and Improves Gum Health

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Lakefront Family Dentistry, a luxury dental practice located in Lake Elsinore, CA, offers an alternative to traditional gum disease care with the Gemini Diode Laser. The Gemini Diode Laser is a system that allows registered dental hygienists to perform soft tissue procedures with faster recovery times.

"Gum disease is widespread and pervasive," said Dr. Mark Phillippe, DDS. "Almost half of all adults have some type of gum disease, ranging from mild to severe." Gingivitis is the beginning stage of gum disease. Signs include bleeding when brushing or flossing, sore or swollen gums, and recurring bad breath. If left untreated, gingivitis can progressively worsen and become periodontitis, which can result in loose teeth, gum recession, and tooth loss.

"Prevention is the best way to combat gum disease," said Dr. Phillippe. "This means getting twice-yearly cleanings and practicing good oral habits such as twice-daily brushing and flossing. However, if patients begin to experience gum disease, the Gemini Diode Laser allows for pain-free treatment."

Use of the Gemini Diode Laser allows our highly skilled registered dental hygienists to eliminate the bacteria causing gum disease and allow the gums to heal without the use of scalpels or sutures. "Patients love the Gemini Diode laser because it is not as invasive as traditional gum disease treatment methods," said Dr. Phillippe. "Recovery is also faster and easier."

The Gemini Diode laser also allows for a more comfortable experience. "More comfortable treatment means less time recovering so patients can get back to their normal routine at work and home with their family," said Dr. Phillippe. "Laser dentistry is ideal for patients with busy schedules or those who have a fear of dental treatment."

Although many people assume that dental treatment focuses solely on teeth, gum health is an essential part

of a healthy mouth. Gums help to protect the teeth and prevent diseases from developing by forming a protective seal around the teeth and preventing bacteria build-up. Many people do not realize that they can lose their teeth from gum disease.

As mentioned previously, periodontal disease is widespread and can cause serious issues. However, many people do not realize that severe gum disease can also contribute to serious health conditions such as diabetes, cardiovascular disease, and pregnancy complications.

One of the biggest causes of gum disease is poor dental habits such as not brushing and flossing regularly. Additional contributing factors of gum disease includes smoking; eating a poor diet; ignoring signs of a problem (such as bleeding when brushing); and skipping dental cleanings and appointments.

Brushing twice a day for a minimum of two minutes and following up with flossing is the best way to prevent gum disease. Getting professional teeth cleaning twice a year will make a dramatic difference for oral health. Using fluoride mouthwash will also help contribute to healthier gums.

In addition to the registered dental hygienists treating gingivitis with the Gemini Diode laser, Dr. Phillippe and Dr. Hauser use the Solea Laser to remove cavities and perform fillings. This advanced technology is part of what allows Lakefront Family Dentistry to provide the most comfortable dental treatment in the area.

Residents of the Inland Empire seeking treatment for gum disease or dental care can contact Lakefront Family Dentistry in Lake Elsinore, California, for advanced dental care, including CEREC cosmetic dentistry and oral sedation options for patients with dental anxiety.

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Lakefront Family Dentistry

Lakefront Family Dentistry is an upscale, private dental practice located in Lake Elsinore, California. Dr. Hauser and Dr. Phillippe, along with two Registered Dental Assistants in Extended Function II have served Riverside County for almost 30 years.

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