

# Bexley Dental Explains the Benefits of All on 4 Implants and How They Are Done

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Bexley Dental, a dental office based in Bexley, NSW, Australia, wants to emphasise the benefits of All on 4 dental implants. Using the All on 4 technique for dental implants, the lower or upper set of teeth can be replaced with just four implants. These four implants serve as support for the placement of a new set of fixed teeth. This is different from the conventional dental implant procedure where a complete arch of teeth needs six to eight implants as support for a full fixed bridge. For some people, the conventional dental implant procedure cannot be used because they don't have enough bone density in the jaw to support the six to eight implants.

The All on 4 technique offers the benefit of not requiring the same density for the jaw bone to provide sufficient support for the whole set of fixed teeth. The lower bone density at the rear of the mouth is a challenge but this is overcome with the All on 4 technique by tilting the posterior implants by 45 degrees and by positioning them in the anterior maxilla, which is a part of the jaw with higher bone density.

Patients with osteoporosis often have a problem with the conventional dental implant procedure and the possible remedy offered is bone grafting. With the All on 4 technique, there would be no need for bone grafting for patients suffering from osteoporosis.

Meanwhile, an important question is how long All on 4 implants can last. Dr. Theo Spyrakis, founder of Bexley Dental, explains, "Dental work can be a significant investment, and All on 4 implants are certainly up there with the more costly treatments. With such a large financial commitment, it's only normal to be concerned about the treatment's longevity. Fortunately, All on 4 Implants have a high success rate and, in most cases, last for many years. However, to have confidence in how long All on 4 implants will last, it helps to understand the treatment, the materials used, and additional factors that can influence their success."

While every case is unique, people can gain a lot of confidence from the statistics available regarding the

success of the All on 4 technique. Studies have shown that both the dentures and the titanium screws have a very high success rate. A retrospective clinical study that involved 242 patients showed a 98 percent success rate after five years. A three-year clinical trial with 32 patients was found to have a cumulative prosthesis survival rate of 100 percent after 10 years.

There are a number of potential reasons why dental implants fail. These include: incorrect positioning; insufficient impressions moulded by the dentist to ensure precise fit; peri-implantitis; failure of the implants to integrate with the surrounding jawbone; nerve damage; and allergic reactions. Since the majority of these reasons can be avoided by choosing the right dentist, it is critical to find the appropriate dentist to perform the implant procedure. Choosing a dentist who specialises in All on 4 can significantly reduce the risk of dental implant failure.

Established in 1990 by Dr. Theo Spyrakis, Bexley Dental has grown into a dental practice with four dentists and three hygiene therapists who are capable of helping patients regain their beautiful smile. They have the requisite knowledge and experience in offering a wide range of cosmetic dental treatments that can restore the beautiful smile on their patients. Whether the teeth are damaged, stained, or chipped, patients no longer have to be embarrassed with their smile after undergoing the appropriate treatments that the dental practice can recommend and offer.

Those who would like to know more about full mouth dental implants in Bexley and surrounding areas can check out the Bexley Dental website, or contact them through the telephone or via email. They are open from 8:00 am to 7:00 pm, on Mondays and Thursdays; from 8:00 am to 6:00 pm, on Tuesdays and Wednesdays; from 8:00 am to 5:00 pm on Fridays; and from 8:00 am to 1:00 pm, on Saturdays.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 patrice.spyrakis@bexleydental.com.au 400 Forest Rd, Bexley NSW 2207

## **Bexley Dental**

*Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spyrakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy*

Website: <https://www.ssdentalclinic.com.au/dental-implants/all-on-4>

Email: [patrice.spyrakis@bexleydental.com.au](mailto:patrice.spyrakis@bexleydental.com.au)

Phone: (02) 9567 4151

