Residents of Garden Ridge a Suburb of San Antonio Turn to Resurgence Behavioral Health for Effective Addiction Treatment

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Garden Ridge, TX - No one starts out using drugs and alcohol thinking they?re going to become addicted, whether they obtain them on the street or by prescription for pain relief. Yet addiction strikes countless Americans from all walks of life who find themselves unexpectedly in its grip. Effective treatment is available for Garden Ridge, Texas, and surrounding communities at Resurgence Behavioral Health.

At its Texas, Tennessee, and California locations, Resurgence provides leading-edge treatment for substance use disorders involving alcohol, drugs, prescription painkillers and medications for mood disorders such as anxiety and depression. Treatment also includes therapy for emotional and psychological disorders underlying addiction.

The nationwide epidemic of drug abuse has not spared Garden Ridge. The community is only a short drive from San Antonio, designated a High Intensity Drug Trafficking Area by the White House Office of National Drug Control Policy for the high incidence of illegal drugs being brought across the nearby border with Mexico. A tragic 1,402 Texans died of opioid-related drug overdoses in 2018, according to the National Institute on Drug Abuse. In the same year, Texas healthcare providers wrote 47.2 opioid prescriptions for every 100 persons ? almost half the population.

Addiction therapy usually begins with the cleansing and rebalancing treatment known as detox, which rids the body of drug and alcohol toxins in preparation for addiction treatment. This can be an uncomfortable, even painful, time, so it is always managed by medical professionals who can administer treatment to relieve withdrawal symptoms and ensure the safety of patients.

The detox period can last anywhere from three days to a week or more, depending on the type of substance

and the length and frequency of use. Detox is followed by inpatient (residential) and then outpatient rehab. In the outpatient period, clients may also be referred to a Partial Hospitalization, Intensive Outpatient, or Sober Living program, which offers support, therapy, and guidance for the transition to everyday life. Clients who cannot travel to the center for outpatient care may be offered the option of virtual treatment via an online platform.

These programs may come to an end, but care never will. Clients receive aftercare and support for as long as they need help putting into action the life skills and strategies they learned in treatment. Resurgence Texas also has alumni programs and activities designed to connect graduates with a positive and supportive sober community.

These are the basic foundations of treatment at Resurgence Texas, but within those pillars are therapies customized to each client?s individual needs. Each person?s addiction experience is different, so their treatment should be too.

Resurgence Texas believes in treating the whole person, not just their addiction. That is why a vital element of treatment is the physical and social environment of the center. The atmosphere is friendly and relaxed; the furnishings and décor are intended to feel more like a home than a treatment facility. Chef-prepared meals provide cuisine that is both nutritious and delicious. Clients can bring pets if they wish, couples can take residential treatment together (while staying in same-sex accommodations), and smoking is allowed outside; clients can get access to cellphones after an adjustment period. Clients participate in recreational outings and service projects that show them they can make a difference even while getting help for themselves.

These features and amenities are not added to pamper or indulge the client but to remove as much stress as possible and open the way to sobriety. The more comfortable clients are, the more receptive they will be to treatment.

Long-term sobriety is possible for anyone with a sincere desire to get help and a willingness to work at their recovery. The process begins by visiting Resurgence online or calling 855-458-0050.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790

