

# Florida Woman Thanks WhiteSands Alcohol and Drug Rehab in Plant City for Helping Her Find a New Path to Recovery

*January 17, 2022*

Plant City, Florida - January 17, 2022 -
Plant City, FL - Patients entering addiction treatment for the first time are often filled with uncertainty. WhiteSands Alcohol and Drug Rehab help to relieve fear and doubt for patients like Ruth, a recent client who thanked the rehab for helping her find a clear path to recovery in an enthusiastic 5-star Google review.

?Thanks to Whitesands, you don?t have to find the path to recovery alone,? Ruth said. ?I am beyond grateful and proud to have had the opportunity to find a completely different, new, and effective way to transition into my recovery,? she said.

WhiteSands staff is totally committed to providing all the tools and resources each individual needs to achieve long-term sobriety. Treatment is completely customized to each patient?s unique needs to ensure they re-enter society feeling confident post-treatment.

?Our Plant City facility has several inpatient and outpatient treatment facilities and offers all levels of care and a full continuum of treatment options,? said WhiteSands CEO and co-founder Garry Jonas said. ?We have helped tens of thousands of individuals reach long-term sobriety and continue to help individuals reach sobriety every day.?

As part of their commitment to patient success, the addiction treatment center hires only the most highly qualified professionals who make up the centerpiece of their clinical team. The treatment center allows clinical and medical teams to operate unrestrained regardless of expense to create the most effective treatment program for each client.

?Whitesands makes a strong commitment to choosing the right staff. My case manager, the knowledgeable nursing staff, and of course, the caring and accommodating BHT?s!? said Ruth.

Treatment at WhiteSands is designed to provide guests with the individualized care they need to succeed in recovery. As part of their mission, they have worked to expand one-on-one care within the treatment experience. They also focus on providing a very high standard of comfort during treatment. The center finds that guests can relax, focus, and take in new information when they feel comfortable in their surroundings. They?re also better able to open up and engage in therapy in more meaningful ways.

WhiteSands provides accommodations not often seen in most treatment centers. Guests reside in large private rooms with their own bathrooms and access to satellite TV in their rooms as well. To help maintain a sense of normalcy during treatment, clients are allowed to use their cellphones and laptops in the evenings to stay in touch with loved ones or keep up on work communications. Professional athletes and coaches provide personal training in WhiteSands? state-of-the-art athletics complex and boxing gym. Among the other amenities on campus are a swimming pool, basketball courts, and beach volleyball courts. Patients have plenty of healthy and constructive outlets to relieve pent-up energy, something they consistently report has a positive impact on their recovery.

Guests attending WhiteSands also participate in aftercare programs that provide tools and resources for re-entering everyday society as a sober individual. When faced with a situation that could put sobriety at risk, having support to help handle these situations can be the difference between sobriety and relapse.

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WhiteSands continues to receive praise as a top-rated addiction treatment center in Florida. In 2021, Newsweek magazine ranked WhiteSands number one in their annual list of the best addiction treatment centers in Florida. WhiteSands achieved the same ranking from Newsweek in 2020.

Anyone in need of help with alcohol or drug abuse can speak with a WhiteSands treatment specialist at any time by calling (877) 640-7820, calls are 100% confidential. Visit www.whitesandstreatment.com to learn more or to start a live chat with an intake counselor.

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For more information about WhiteSands Alcohol & Drug Rehab Plant City, contact the company here:WhiteSands Alcohol & Drug Rehab Plant CityRyan Monesson(877) 640-7820rmonesson@wstreatment.com2011 North Wheeler Street, Plant City, FL 33563

**WhiteSands Alcohol & Drug Rehab Plant City**

*WhiteSands Alcohol & Drug Rehab Plant City is the number one addiction treatment center in Plant City, Florida. Drug and alcohol as well as prescription detox & rehab.*

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