

Real Deal Therapy & Wellness Is Offering Top Rated Meth Outpatient Rehab Services In Richardson, TX

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Real Deal Therapy & Wellness is offering rehabilitation services for those suffering from meth addiction in Richardson, TX.

Methamphetamine addiction is one of the most urgent and pressing public health issues faced by the country. In the United States, 2.6 million people or 0.9% of the population aged 12 or older reported using methamphetamines in 2020. The addiction also led to around 24,000 overdose deaths from the substance in the same year. There are many organizations out there that are tackling the problem of meth addiction by providing services such as detox, outpatient rehab, sober living, and more.

These solutions, however, only target the addiction itself, as they minimize the effect of the drugs on the person suffering from them for a short time. Rehab and addiction treatment centers, however well-intentioned they might be, will only be able to keep a person away from the drugs for a limited time, leading to the impression that the individual has moved on from the addiction once they are discharged. However, when a

person who has seemingly recovered is thrust back into the lifestyle and situations that they were in when they got addicted to methamphetamines in the first place, it is completely natural for them to slip back into the self-destructive behaviors that prompted them to take up the warm embrace of the enticing substances.

This disparity in the goal of the treatments and their long-term outcomes has been studied and enumerated multiple times in several studies in order to gauge the efficacy of the methods that are popular today. In a study from 2014, a sample of 350 clients addicted to methamphetamines who were admitted to the Los Angeles County Substance Abuse Prevention and Control were interviewed. The study found that 61% of those surveyed relapsed to use methamphetamines again within 1 year of being discharged after completing treatment.

Richardson, Texas, rehab center Real Deal Therapy & Wellness understands this disconnect, recognizes the flaw in the kind of treatments for drug addiction that are currently being offered, and has set out to improve on the design of these programs by taking a radically new approach that utilizes all facets of its expertise on a wide range of health problems such as mental health, addiction, and alcoholism. The center described its revolutionary new approach in a recent press release that can be read at the link: https://www.pressadvantage.com/i_story/48432-real-deal-therapy-wellness-offers-outpatient-rehab-in-richardson-tx-with-a-unique-approach.

A spokesperson for Real Deal Therapy & Wellness talks about its approach by saying, ?We believe that all individuals who suffer from substance addiction have a latent potential within them that is being marred by the drug habit that is holding them back and limiting what they can achieve. From our point of view, there is a deep-seated reason behind someone choosing to indulge in drug use. Whether it be a psychological shortcoming, societal failure, lack of a support system, or the failure of the education system to give them the skills and hope necessary to succeed, there are myriad reasons for someone to give up the pursuit of happiness and resort to a quick escape. Therefore, we firmly believe that more than an issue of addiction, drug addiction is an issue of mental health. Individuals who partake in frequent drug use are unable to identify the strengths within themselves and the possibilities offered by society. Our goal as a treatment center is to break the habits that have a firm hold on the person suffering from addiction and give them the mechanisms to cope with life?s struggles in a healthy and productive manner. This begins with having an honest conversation with the individual and understanding the mental barriers that are keeping them stagnant. We then help them manage behavioral triggers, change negative thought patterns, and discover personal meaning by working with them in individualized programs. Our non-vanilla approach helps individuals find their own path through their struggle because we understand that not everyone?s struggle is the same and hence a one-size-fits-all solution is not going to work. We have been successful at treating thousands of individuals so far and we can?t wait to help you start living your best life too.?

Readers can find the address, contact information, and social media links for Real Deal Therapy & Wellness by heading over to the link: https://sites.google.com/view/real-deal-therapy-wellness.

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For more information about Real Deal Therapy & Wellness, contact the company here:Real Deal Therapy & WellnessSteph(469) 747-1201contact@rdoutpatientrehab.com1251 S Sherman St Suite 108, Richardson, TX 75081

Real Deal Therapy & Wellness

Real Deal Therapy & Wellness is an outpatient rehab center committed to changing the outcomes of those struggling with addiction, alcoholism, and mental health.

Website: https://rdoutpatientrehab.com/richardson-tx/addiction-treatment-center/

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