

Tampa Patient Thanks WhiteSands Alcohol and Drug Rehab as He Celebrates 30 Days in Recovery

January 21, 2022

TAMPA, FL - January 21, 2022 -
Tampa, FL - WhiteSands Alcohol and Drug Rehab recognized the fact that many patients thrive in treatment and then struggle to create a routine and healthy lifestyle once they return home, which ultimately leads to relapse. CEO Garry Jonas and COO Joseph Ducey had the vision to design a treatment program that included access to an abundance of resources post-treatment.

After leaving an inpatient treatment program, patients meet with an addiction therapist to stay on track with a personalized relapse prevention plan. Support groups and outreach programs help patients handle temptation and the pressures of everyday life post-discharge. Greg, a recent WhiteSands client, just celebrated 30 days of sobriety and reflected on his experience post-treatment in a 5-star review he left on Google.

?A special thank you to my case manager who went way above the call of duty to make sure my needs were taken care of during my inpatient and outpatient aftercare program that continues,? he says.

The Recovery and Wellness Program at WhiteSands provides patients with a structured routine that involves staying active and engaging in a sober community. The treatment center has seen great success in helping individuals maintain sobriety helping them implement positive changes and improve their entire lives.

?The key to relapse prevention is sending them home with new healthy living habits,? says CEO Garry Jonas.

At WhiteSands, addiction professionals and therapists focus on what is at the heart of the mental and emotional aspects of addiction. With an emphasis on individualized care, guests gain better awareness of underlying issues and ways to resolve them. Most treatment centers divide patients into one or two tracks with limited options. At WhiteSands, patients' needs are carefully reviewed to determine the best course of treatment. This includes working with each patient to help them establish goals for individual therapy, selecting therapy group options, and identifying their individual need for medical treatment.

WhiteSands consistently provides more than industry standards require to ensure patient comfort and success during treatment. Individual and family therapy is offered five times per week, whereas other centers offer only one hour per week. Accommodations include large private bedrooms with private bathrooms and a television in each room. In the evenings, patients are allowed to use their cellphones and laptops to contact loved ones and continue to manage life outside of treatment. Amenities also include a state-of-the-art athletics complex, swimming pool, basketball, and beach volleyball courts.

?From the therapists, instructors, nursing staff, and 24-hour staff. The facility, food, and housing were excellent,? Greg said.

Providing the proper tools, luxury amenities, resources, and aftercare assistance, Whitesands continues to assist thousands of individuals in managing their addiction. To ensure clients have access to outpatient treatment and aftercare, they operate 18 outpatient treatment locations across the state of Florida. Greg is among the many patients that continue to share their success stories after leaving residential inpatient treatment.

In 2021, WhiteSands took the number one ranking in Newsweek magazine?s list of the best addiction treatment center in Florida for the second year in a row. Founders and clinical staff continue to work to lower relapse rates and help guests like Greg sustain long-term sobriety.

?Now 30+ days sober since my stay at WhiteSands,? said Greg. WhiteSands in Tampa Florida continues to win awards and help patients overcome addiction. Newsweek had named WhiteSands the #1 Addiction Treatment Center in Florida for two years in a row.

Anyone in need of addiction treatment, whether for themselves or someone else, can speak to a treatment specialist at any time by calling (877) 640-7820. Alternatively, visit www.whitesandstreatment.com to learn more or to live chat with an admissions counselor.

###

For more information about WhiteSands Alcohol & Drug Rehab Tampa, contact the company here:WhiteSands Alcohol & Drug Rehab TampaRyan Monesson+18132130442rmonesson@wstreatment.com215 W Verne St Suite A, Tampa, FL 33606(813) 213-0442

WhiteSands Alcohol & Drug Rehab Tampa

Tampa's #1 Addiction Treatment Center in Tampa Florida for treating prescription, alcohol and drug addiction. Private rooms, amazing amenities, world-class recovery results.

Website: https://whitesandstreatment.com/locations/florida/tampa-drug-rehab/

Email: rmonesson@wstreatment.com

Phone: +18132130442