



## **Pinnacle Peak Recovery Explains What to Do When Alcohol Poisoning Is Suspected**

*January 31, 2022*

SCOTTSDALE, AZ - January 31, 2022 - PRESSADVANTAGE -

Scottsdale, Ariz. ? Pinnacle Peak Recovery, an alcohol and drug rehab facility in Scottsdale, Ariz., has published a blog article explaining what to do if you think someone is suffering from alcohol poisoning. The article emphasizes that alcohol poisoning can be deadly, and it is vital to help someone who is showing signs of alcohol overdose as quickly as possible.

Signs and symptoms of alcohol poisoning include vomiting; confusion; slow breathing, which means less than eight breaths per minute; seizures; pale or blue-tinged skin; irregular breathing, which means a gap of over 10 seconds between breaths; unconsciousness and can?t be awakened; and hypothermia or low body temperature.

A spokesperson for Pinnacle Peak Recovery said, ?Call 911 immediately. Time is precious when trying to help someone with alcohol poisoning ? it could be the difference between life and death. Let the medical experts use their expertise to help you get assistance or help you assist a loved one.?

There are a number of things the article recommends people do when they suspect a loved one may be

suffering from alcohol poisoning. These include: calling 911 or the local emergency number to get professional help as soon as possible even if the signs and symptoms listed above are not evident; preparing oneself with as much detailed information as possible, which will be needed by the medical staff and emergency medical technicians; helping a person who is vomiting by keeping them upright or turning their head to the side if they're lying down; remaining calm; and calling on others to assist if one is not able to help.

There are also a number of things one should not do when a loved one seems to be suffering from alcohol poisoning. These include: abandoning an unconscious person; making the person vomit; and being afraid to seek help from other people.

It is important to note that alcohol poisoning is quite common. According to a report by the U.S. Centers for Disease Control and Prevention (CDC), for the period 2010-2012, the average number of deaths from alcohol poisoning every year in the U.S. for people ages 15 or older was 2,221. This means that for the period of 2010-2012, an average of six people, who were mostly adult men, died in the U.S. from alcohol poisoning every day. Based on a Vital Signs Study on Alcohol Poisoning Deaths from 2010-2012, there were an average of 93 yearly deaths from alcohol poisoning in the state of Arizona.

The article points out that the best way to avoid alcohol poisoning is prevention. Recommendations include: deciding not to drink alcohol or to drink in moderation; drinking slowly and pacing oneself; drinking with a certain group of people who can serve as one's support group; not drinking alcohol on an empty stomach; parents communicating with their teenage children about the dangers of binge drinking; and keeping alcohol-containing products out of the reach of kids.

Pinnacle Peak Recovery provides alcohol rehab, which may include safe medical detox, inpatient treatment, an intensive outpatient program (IOP), and/or a partial hospitalization program (PHP). They emphasize that alcohol poisoning is a very serious condition, and family and friends are encouraged to help prevent its occurrence by encouraging a loved one to undergo alcohol treatment.

Founded in 2015, Pinnacle Peak Recovery serves as an inpatient and intensive outpatient treatment center in Scottsdale, Arizona, that provides nationally recognized, evidence-based treatment alternatives for drug and alcohol addiction. They are focused on applying a holistic and extensive approach to assisting individuals in overcoming their addiction and co-occurring mental health issues in a safe, confidential, and supportive environment.

Those who would like to learn more about Pinnacle Peak Recovery can visit their website or call them at (866) 377-4761.

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For more information about Pinnacle Peak Recovery, contact the company here: Pinnacle Peak Recovery Tyler Tisdale 480-750-1200 info@pinnaclepeakrecovery.com 8070 E Morgan Trail Unit 200 Scottsdale, AZ 85258

## **Pinnacle Peak Recovery**

*Pinnacle Peak Recovery is a residential and intensive outpatient addiction treatment facility located in Scottsdale, Arizona. We offer nationally recognized, evidence-based treatment options for those needing drug rehab services.*

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