



## **Spexhair Spencer Stevenson Admits To Hair Loss On Video And Encourages Others To Do So As Well**

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Spencer Stevenson known by the pseudonym as Spex on the online hair loss forums who created the hair loss blog spexhair.com has now received 1000 views for his open admission to coming forward about his own personal hair loss journey. The hair loss mentor who has had 10 surgeries has successfully restored the first 1/3rd of hair through state of the art hair transplant surgery. He has in the last two years come forward in the media to help advise and counsel other men who are feeling alone and depressed about losing their hair.

His online videos are aimed at connecting with other men and being a trusted source to advise on the best way to treat their own hair loss.

Spencer Stevenson had the following to say ? It was a pretty big deal to share my very personal and private journey of my own hair loss which I had effectively kept secret for over 15 years, through the use of caps, staying in and hair concealers. None of my closest friends had any idea what was going on with my hair. Once I got to the place I wanted in terms of my hair being restored I just felt very compelled to become publicly visible rather than staying behind a forum name so people can really connect and see light at the end of the tunnel, putting myself on video and showing people what can be done is the best thing I think I could have done as it makes this whole hair restoration industry less sketchy and more real.?

The video where Spexhair Spencer Stevenson admits his hair loss and encourages others to do so is another example of efforts being made to help others of a similar plight with hair loss.

Spexhair.com has a youtube channel which regally posts hair loss discussion, recent hair restoration success stories from various patients all around the world from many leading hair transplant surgeons.

Dr. Charles from Charles medical group had the following to say about Spencer Stevenson: "The individuals who are inquiring about hair restoration and hair loss treatments are getting very accurate information, purely due to the vast amount of experience Spencer has himself, I find him to be an honest and very caring individual who is out there helping people more than any other non-physician I have seen online."

You can find our more about Spencer Stevenson by visiting his hair loss site [spexhair.com](http://spexhair.com)

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**[spexhair.com](http://spexhair.com)**

*Authority blog and website run by hair loss veteran Spex 'Spencer Stevenson'*

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