

Costa Rica School Of Massage Therapy Is Launching A Touch Of Costa Rica Podcast

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Costa Rica School of Massage Therapy is happy to announce that they are launching a new audio series that is called A Touch of Costa Rica. This is a wellness travel podcast that aims to present inspirational stories, particularly with regards to the transformational massage therapist training programs available in Costa Rica. It also offers Costa Rica travel tips from the Costa Rica School of Massage Therapy and Yoga. This podcast has been made available in various podcast platforms, such as Apple Podcasts, Spotify, and more. A Touch of Costa Rica is hosted and produced by Qiana Martin, in collaboration with the Costa Rica School of Massage Therapy and Yoga. More about this series of podcasts can be learned at http://www.atouchofcostarica.com.

Bill Burden, Director of Marketing, says, ?This is a really special project that has been many months in the making. The stories featured in A Touch of Costa Rica are raw and vulnerable like nothing we've really shared before. It's going to inspire so many people and hopefully allow us to touch even more lives."

Qiana Martin is a TEDx speaker, former Fila model, and soccer visionary. She gets her inspiration from her transformative experiences while traveling the world playing soccer and helping global brands talk to their

target audiences. She has a track record of creating one of a kind engagements that focus on overlooked stories, perspectives, and voices. She brings her experiences and her skills to provide inspirational stories from the Costa Rica School of Massage Therapy community and invite people to start their own adventures. Qiana Martin says, ?A Touch of Costa Rica is an audio-visual postcard of love from the Costa Rica School of Massage Therapy.?

The first podcast in this series features Jan Frus, who is the Director of Academics a the Costa Rica School Of Massage Therapy. In this episode, Jan Frus revealed how her career as an emergency room nurse, where she was experiencing burnout, led her full circle to teaching a modality that provided her with additional healing from the long lasting effects of childhood illness. In this podcast, Jan Frus also describes some of her favorite places for dining in Samara Beach. These podcasts can be accessed through Apple Podcast at https://podcasts.apple.com/us/podcast/a-touch-of-costa-rica/id1608646042.

The location of the Costa Rica School Of Massage Therapy is Playa Samara, Costa Rica. This is a town located in the beautiful green hills of the popular Nicoya Blue Zone on the Pacific Coast of this Central American country. It is important to note that a Blue Zone is a place where the residents enjoy an extraordinarily long and healthy lifespan. And the Nicoya Peninsula of Costa Rica is not just the only Blue Zone in Latin America, it is the biggest in the world.

Students of the Costa Rica School Of Massage Therapy will get to know the streets of the small downtown area of Playa Samara and visit some of the many local and international bars, restaurants, discos, and gift shops. Meanwhile, the beautiful and peaceful Samara Bay is surrounded by miles of white sand beaches with lots of palm trees and offers a suitable and safe location for snorkeling, surfing, kayaking, swimming, and standup paddleboarding.

Founded in 2006, Costa Rica School Of Massage Therapy was the result of the vision of the founders to establish an environment that would not simply offer the usual massage therapy education. They thought of creating a program that would include adventure and breathtaking views of nature. In this raw environment of Costa Rica, they have established an intensive residential study abroad for massage therapy. At present, the school is proud to announce that they have been producing creative and talented bodywork artists that are equipped and ready to succeed in the healing arts industry.

For those who are interested in the series of podcasts called A Touch of Costa Rica, the channel is available on Spotify at https://open.spotify.com/show/017IGjzhkyIC6od3CeT7Hq. People interested in the massage therapy training programs can check out the Costa Rica School Of Massage Therapy website, or contact them on the telephone or through email.

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Costa Rica School Of Massage Therapy

The Costa Rica School of Massage Therapy is the premier study abroad program in the world for Massage Therapy Certification, Yoga Training and Continuing Education!

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