

## The Iskandar Complex Hernia Center

# The Iskandar Complex Hernia Center Answers - How Long Does Hernia Surgery Take

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The Iskandar Complex Hernia Center, a medical center in Waxahachie, Texas, that offers complex hernia surgery and advanced abdominal procedures, released a blog post on its website on February 16, 2022, that goes into great detail to explain to prospective patients how long hernia surgery takes.

According to the FDA, more than one million hernia repairs are performed each year in the U.S. Of those, approximately 800,000 are to repair inguinal hernias and the rest are for other types of hernias. Though basic hernia surgery is a common procedure performed by general surgeons, complex hernia surgery is a procedure that should be reserved for a select few specialized doctors in the country such as Dr. Mazen Iskandar of The Iskandar Complex Hernia Center. The complexities with the hernia such as previous failure and size of the hernia along with the need for abdominal reconstruction can increase the procedure's scope and time.

A basic laparoscopic or hernia repair follows a generally fixed schedule that begins when the patient is admitted into the hospital 2 hours before the scheduled start time of the operation. Then the needed final pre-operative medical information is gathered from the patient and their vitals are recorded. Then, the patient

is taken to the operating room and put under anesthesia within 15 minutes. The surgical prep takes around 10 to 15 minutes. The actual surgery time is anywhere from 30 to 120 minutes. Finally, the patient is placed under observation in the recovery room before being discharged the same day with the patient only having to stay back at the hospital on rare occasions. The duration of the actual hernia repair procedure is mostly dictated by the size and the location of the hernia whether it is inguinal, umbilical, ventral, hiatal, etc.

Complex hernia surgeries via robotic-assisted laparoscopic surgery are much more involved and typically last two hours to five hours in actual surgical time. Complex hernias by definition are usually large, recurrent hernias that often require abdominal wall reconstruction. The need for recuperation also means that those undergoing complex hernia repair may need to plan on being admitted to the hospital overnight to be kept under observation for any complications. However, the majority of patients undergoing robotic complex hernia repairs are discharged the same day or spend, at most, one night under observation. The advent of robotic surgery has allowed surgeons to perform some very complex hernia surgeries that previously required an open operation. This translates into significantly fewer chances of wound complications and a faster recovery. The rest of the timeline for the robotic complex hernia surgery matches that of basic hernia surgery.

In some cases, due to factors such as the size of the hernia, the need for skin removal, the need for bowel resection, the need for mesh removal, and more, some patients may not be eligible for robotic-assisted laparoscopic surgery. In this case, open complex hernia surgery is recommended and it can take anywhere from three to six hours to complete. This procedure also requires a longer recovery time and the patient should plan for being admitted to the hospital for around 2 to 3 days after the open complex hernia surgery.

In addition to publishing informative patient resources like the blog post discussed here, Dr. Mazen Iskandar, a board-certified general surgeon with fellowship training in minimally invasive and bariatric surgery, also provides complex hernia surgery videos for study and review by other physicians. For example, a recent surgery video uploaded on his channel walks the viewer through a robotic right inguinal hernia repair after a previously failed robotic approach which was also treated with an open approach. The patient in the video had a sliding-type hernia that had been previously repaired with a pro-grip mesh. The video is one of many such surgery records on his YouTube channel that documents his many successful procedures and acts as a guide for other surgeons to learn from his techniques and his expertise.

The Iskandar Complex Hernia Center can be contacted at the phone number (469) 800-9832 or the email address [info@iskandarcenter.com](mailto:info@iskandarcenter.com).

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## **The Iskandar Complex Hernia Center**

*The Iskandar Complex Hernia Center offers complex hernia surgery and advanced abdominal procedures with renowned expertise and unparalleled compassion so that you can enjoy a dramatically improved quality of life.*

Website: <https://iskandarcenter.com>

Email: [info@iskandarcenter.com](mailto:info@iskandarcenter.com)

The logo for The Iskandar Complex Hernia Center is displayed within a light green rectangular box. The text "The Iskandar" is on the top line and "Complex Hernia Center" is on the bottom line, both in a dark blue, sans-serif font.

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