

Emergency Dentist In Perth Connolly Dental Boutique Recommends Short Term Toothache Remedies

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Connolly Dental Boutique, a dental clinic in Perth offering general, cosmetic and emergency dental treatments, is advising patients on the steps that they can take to alleviate or avoid aggravating their pain if they are having a dental emergency.

The first step to take, when one starts experiencing bad toothaches, according to the clinic?s principal dentist Dr. Lily Taheri, is to find a capable and highly-rated dental clinic near one?s location and to immediately book an appointment. There is no guarantee when the pain will subside by itself, if ever. Booking a slot with one?s usual dentist or a family dental services provider ensures that the patient will be able to seek professional help as soon as one is available. Securing a dentist?s appointment also assures the patient that, in case the pain they are experiencing is the symptom of a larger, more complicated, dental health issue, a dentist will be able to advise them in time before the dental problem and the subsequent pain worsens. Readers looking for an emergency dentist in Perth can always contact and ask for an appointment at Connolly Dental Boutique, where Dr. Lily Taheri and her team are helping patients with all aspects of their oral health.

However, dental pain can be severely debilitating as it renders one unable to perform basic tasks due to the general discomfort and occasional shooting pangs that can leave them completely disoriented. It becomes important, therefore, to have some basic knowledge of emergency dental care that can be administered with household items or over-the-counter medications that can help subside the pain until a qualified and experienced dentist can diagnose the root cause.

Dr. Taheri talks about how to determine what constitutes a regular dental appointment and what qualifies as an emergency by saying, ?Toothaches that last for more than 2 days are a clear indication that your dental problem is not something trivial that will resolve itself and you have to book an appointment with a dentist. Whether you visit a dentist or go to the emergency depends on several factors. According to Australian dental guidelines, if the toothache is persistent and resistant to painkillers, if you have a fever, if you experience pain when biting into foods, if you have red gums, if you have a bad taste in your mouth, or if your cheek or jaw is swollen, booking a regular dentist appointment is the recommended move. However if the area around your eye or your neck is swollen or there is a swelling in your mouth or neck that is making it difficult for you to breathe, swallow or speak, your toothache is the least of your concerns and is only a manifestation of a more serious issue, warranting that you make a visit to the emergency department and not wait for a regular dentist?s appointment.?

Dr. Taheri then goes on to talk about the steps that one can take to deal with emergency dental pain by saying, ?If you have already booked an appointment and have to wait, you can take some simple measures to ease the pain if it gets unbearable. Take painkillers, like ibuprofen or paracetamol based on the recommendation of a pharmacist. However, children under 16 should not take aspirin. You can also try rinsing your mouth with saltwater. Your local pharmacy or supermarket may also carry a pain-relieving gel that might be effective for your toothache. When it comes to eating food, choose to eat soft foods, like yogurt or scrambled eggs, and try to avoid chewing with the sore tooth or it will lead to even harsher pain. Make sure to avoid eating foods that are sweet, very hot, or very cold, as consuming sugar may increase bacteria in the mouth and worsen cavities whereas rapid temperature changes can bother already disturbed nerve endings. Avoid smoking as it can make some dental problems worse. Finally, if you are in Perth, call the Connolly Dental Boutique emergency dentist by calling (08) 9300 1122.?

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For more information about Connolly Dental Boutique, contact the company here:Connolly Dental BoutiqueDr Lily Taheri08 9300 1122info@connollydental.com.auShop 4/1 Glenelg Pl, Connolly WA 6027

Connolly Dental Boutique

Connolly Dental is Perth's leading smile design boutique. Connolly Dental offer general, cosmetic and restorative dental treatments. The dental practice is expertly designed to provide an exceptionally comprehensive dental experience for all patients

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