

After Multiple Attempts at Recovery Fort Myers Man Finds Success at WhiteSands Alcohol and Drug Rehab

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Fort Myers, FL - After multiple attempts at rehab, David found success at WhiteSands Alcohol and Drug Rehab in Fort Myers. He put his trust in the addiction treatment center when he decided to give recovery one more try. Fortunately, he found success and expressed his gratitude for the help, guidance, and support he received at WhiteSands in a recent five-star Google review.

?I have been to three other inpatient rehabilitation facilities,? said David. ?This was by far the best. Each counselor has their strengths, I loved all of them?.

Addiction recovery at WhiteSands in Fort Myers is truly unique. WhiteSands? founders and medical staff focus not only on treating addiction but also on uncovering the driving forces behind the individual?s urge to abuse drugs or alcohol. Through dual diagnosis treatment, WhiteSands works to treat the root causes of substance use disorder, often an undiagnosed and untreated mental health condition like depression, anxiety, or PTSD.

Since its founding in 2014, WhiteSands? mission has been to raise industry standards in the field of addiction treatment. Part of that commitment has been centered around providing resources for lasting sobriety.

?Many treatment centers emphasize relapse prevention throughout the treatment stay but then leave patients to implement their plan and cope with the triggers which make them vulnerable to use again,? said WhiteSands? founders Garry Jonas and Joseph Ducey. ?We recognized that we needed to do more to assist our patients in maintaining long-term sobriety and reaching their highest life potential.?

WhiteSands created a Recovery and Wellness Program to help address concerns that come with the transition between leaving inpatient treatment and entering the next phase in the recovery process. Patients enrolled in inpatient care receive 4-5 individual or family sessions per week. This allows for greater processing of the issues that contributed to their addiction and increased family involvement.

WhiteSands also fosters continuity of care and guidance with a team of addiction therapists, counselors, and specialists who are experts in substance abuse treatment and recovery. Staff members work together to help patients create healthy habits that will carry into their daily lives after residential treatment. ?The nurses were very kind and hospitable,? said David.

WhiteSands? unique approach to addiction recovery is also seen in its top-notch amenities and accommodations. Patients reside in their own private room with a private bathroom and TV. Additionally, there is a fitness center with personal trainers on staff, a swimming pool, basketball courts, beach volleyball, and more.

As a result of providing the proper tools, support, amenities, resources, and aftercare help, Whitesands has helped tens of thousands of individuals learn to successfully manage the disease of addiction.

?They give you the education and it is up to you to use or not,? said David. ?Sobriety is up to the individual. It?s not too hard if you do what we all know by the time we leave here to do if you paid attention.? Read the full story on the blog, "After Multiple Attempts at Recovery Fort Myers Man Finds Success at WhiteSands Alcohol and Drug Rehab"

WhiteSands operates 2 inpatient and 14 outpatient treatment centers throughout the state of Florida and sets patients up with an outpatient treatment plan before leaving residential care. Their unique programs continue to help guests like David maintain a healthy and balanced routine to minimize stress and the risk of relapse.

Anyone struggling with substance abuse can speak to an addiction specialist at any time by calling (877) 640-7820. WhiteSands? admissions team is available 24/7 to take calls and offer guidance. For more

information visit www.whitesandstreatment.com.

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WhiteSands Alcohol & Drug Rehab Fort Myers

Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.

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