

Muse Addiction Treatment Center Helps Residents Find the Best Drug Rehab in Orange County

March 11, 2022

LOS ANGELES, CA - March 11, 2022 -
Los Angeles, CA ? When a person realizes they can no longer fight alone and decides to seek treatment for substance abuse, they will be faced with many options. In their search for the best drug rehab in Orange County, many discover that the customized treatment plans and compassionate care of Muse Treatment Alcohol & Drug Rehab Los Angeles are just what they need.

Muse is part of a network of treatment centers in Los Angeles and throughout Southern California, offering hope in the struggle against addiction. Clients get help overcoming dependence on alcohol, drugs, prescription painkillers, and medications for emotional and psychological disorders such as anxiety and depression. Treatment is customized for the unique needs of each client, who work with a team of addiction specialists to find the root causes of their addiction and develop strategies for living without destructive substance use.

The journey to sobriety usually begins with a period of medical detox. Detox provides a safe, protected

environment for withdrawing from the addictive substance. Detox can be an uncomfortable time in the treatment process. It can even be physically risky if it is not managed by medical professionals, so Muse offers expert supervision to make the client as safe and comfortable as possible.

Once detox is finished, the deeper emotional work begins. First, clients move to inpatient (residential) rehab, where customized programs include group and individual sessions using cognitive behavioral therapy and other evidence-based approaches in a protected environment. The next step is outpatient rehab, in which clients continue their treatment while transitioning back to their day-to-day lives. Clients can also move from detox directly to outpatient care if they cannot commit to a residential recovery program because of work or family responsibilities or if their treatment needs are not as extensive.

One outstanding feature of Muse?s treatment programs is its focus on dual-diagnosis or co-occurring disorder treatment. Muse follows the current thinking that addiction may not be the client?s primary disorder but is actually a symptom of a more profound emotional or psychological condition. According to the National Institute of Mental Health, about half of people who experience a substance use disorder have struggled at the same time with a mental illness such as anxiety, depression, attention-deficit hyperactivity disorder, personality disorder, or schizophrenia.

For example, many people use drugs or alcohol to self-medicate their depression or anxiety. To discover the actual cause of the substance use disorder, the treatment team may have to go farther back, possibly to traumatic episodes that lead to mental health and substance use disorders. In these cases, the addiction cannot be treated in isolation; if the underlying causes are not resolved, the need for self-medication will continue until the addict relapses.

Muse extends this holistic approach to addiction recovery to the environment it creates for clients. Co-addicted couples can attend treatment together, although they stay in separate same-sex accommodations during the inpatient phase. Although both partners receive individual treatment plans, they can offer valuable emotional support and comfort. No one understands someone?s addiction and recovery like a fellow addict. If both partners are equally motivated to achieve sobriety, the chances of success can increase.

Muse also offers emotional support with its pet-friendly policy. Recognizing how much comfort clients can get from this source, Muse allows them to bring their animal companions with them to residential rehab. Ending an emotional day of treatment with the unconditional love of a dog, cat, or other animal goes a long way toward success in recovery.

Anyone ready to tackle addiction at the best drug rehab in Orange County, or who has a friend or family member in need of help, visit the #1 addiction treatment network in Los Angeles Muse Treatment online or

call (800) 426-1818.

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For more information about Muse Treatment, contact the company here:Muse TreatmentDavid Rofofsky(800) 426-1818info@musetreatment.com1251 Westwood Blvd, Los Angeles, CA 90024

Muse Treatment

Muse Treatment is the #1 addiction treatment center in Los Angeles, California for alcohol, prescription and drug rehab as well as detox.

Website: https://musetreatment.com/

Email: info@musetreatment.com

Phone: (800) 426-1818