

Fort Myers Woman Says WhiteSands Alcohol and Drug Rehab Helped Save Her Life

March 11, 2022

Fort Myers, Florida - March 11, 2022 -
Fort Myers, FL - Guests who attend WhiteSands Alcohol and Drug Rehab address recovery through a unique addiction treatment experience with full support from medical and clinical staff. Katherine recently completed her inpatient program at the Fort Myers treatment center. She expressed her gratitude for the dedicated therapists, clinicians, and counselors in a 5-Star Google Review.

?The facility is beautiful, and their treatment plans for residents helped save my life,? Katherine said.

The Fort Myers treatment center focuses on creating a positive environment conducive to recovery to help guests attain sobriety and sustain it long-term. WhiteSands founder and CEO, Gary Jonas, said, ?We teach patients coping mechanisms and trigger management skills, allowing them to make conscientious choices when faced with temptation.? The program also includes constructive activities for patients to enjoy after a long day of treatment.

In addition to an environment that encourages comfort and wellbeing, Whitesands puts a significant focus on providing truly customized treatment for each patient. Through one-on-one personalized treatment, the programs offer patients tools and resources that will allow them to succeed in their sobriety. This includes working with each patient to help them establish goals for individual therapy, their individualized need for medical treatment, and a personalized relapse prevention plan.

?I would recommend anyone who is struggling to seek treatment with this company,? said Katherine. ?Such a loving and helpful environment.?

As a result of their commitment to providing the highest quality of care, WhiteSands continues to see a higher percentage of patients sustain recovery. Patients receive individual or family therapy five times per week, whereas other centers offer one hour per week. Despite the narrowing of profits, the treatment center also has a high staff-to-patient ratio as a commitment to patient outcomes after rehab. Staff members are highly-credentialed individuals dedicated to their patients? success at all stages of treatment and aftercare. These elements come with significant investment and commitment to going above and beyond industry standards.

WhiteSands founders believe that a patient?s comfort level during rehab has a strong correlation to their success in treatment. They work to provide top-tier accommodations and amenities for all guests. Residential treatment includes a large private room with a private bathroom and television in the room. Guests can use mobile phones and devices outside of treatment to allow contact with loved ones and management of life outside of rehab. The large campus features a state-of-the-art sports complex with a pool, basketball, and volleyball courts. Personal training by professional athletes and coaches is also an option for all patients.

?The strength of our amenities and the overall quality of life at WhiteSands are of significant importance to our leadership team and staff,? said Jonas.

The WhiteSands difference continues to positively impact guests like Katherine, who is grateful for the guidance she received throughout her treatment program. With another successful recovery story added to their roster, WhiteSands continues to transform lives through addiction treatment.

In addition to receiving hundreds of 5-star reviews from clients like Katherine, WhiteSands was rated the number one alcohol and drug rehab in Florida by Newsweek magazine in 2020 and 2021.

Anyone in need of treatment for substance use disorder can speak with a treatment specialist at any time by calling (877) 640-7820. To learn more or to live chat with a team member, visit www.whitesandstreatment.com.

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WhiteSands Alcohol & Drug Rehab Fort Myers

Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.

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