



Residents of Henderson Nevada Find Effective Addiction Treatment at Resurgence Behavioral Health

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Costa Mesa, CA ? When a person is struggling with drug or alcohol addiction, the right solution can be a bright light in the darkness. For residents of Henderson, Nevada, the answer is surprisingly close: at Resurgence Behavioral Health in Costa Mesa.

Resurgence offers comprehensive treatment for substance use disorders involving alcohol, drugs, and prescription medication, as well as for associated mental health issues such as depression and anxiety. Its Costa Mesa center is in Southern California, less than 50 miles from Los Angeles and about 250 miles from Henderson. Here, addicts seeking to achieve long-term sobriety will find cutting-edge treatment in a homelike setting that immediately puts the client at ease and in a proper mindset for recovery.

Resurgence offers the entire continuum of care for addiction treatment, from detox through inpatient and outpatient care, followed by sober living, aftercare, and ongoing alumni programs to keep graduates connected and invested in their sobriety. In addition, several forms of cognitive and behavioral therapy are

offered, and treatment can be integrated with 12 Step programs if the client chooses. Resurgence also offers virtual therapy, offering the option of telehealth consultations to clients who cannot travel to Costa Mesa for treatment.

These options can be effective for residents of Henderson, where drug addiction is a growing problem. According to Nevada Overdose Data to Action (OD2A), the rate of accidental drug overdose deaths rose by an alarming 55% from 2019 to 2020. The Nevada State Unintentional Drug Overdose Reporting System reported 510 cases in 2019 and 788 cases in 2020. In addition, overdose rates nearly tripled for people under 25, spiking from 38 in 2019 to 106 in 2020.

Half of those who fatally overdosed also had a mental health condition, and three in four had wrestled with a substance misuse problem other than alcohol dependence. Yet only one in nine had ever received substance abuse treatment.

The connection between substance abuse and mental health disorders is commonly seen in addiction treatment. Substance misuse is often only a symptom of a deeper emotional or psychological problem or it may be a strategy for coping with past trauma. Resurgence believes strongly that both conditions must be treated in tandem, with an approach known as a dual diagnosis or co-occurring disorder treatment; if left untreated, the emotional affliction will eventually lead to a relapse as the addict tries again to self-medicate their emotional pain.

This strategy is one of many ways in which Resurgence tailors treatment to the individual rather than asking the client to fit the therapy. The treatment team customizes the program to the client rather than expecting a one-size-fits-all plan to work.

Treating the whole person means providing a tranquil, inviting physical environment that feels more like home than a therapeutic facility. Resurgence has found that nature has a calming effect that helps people become more open to accepting therapy. When the stress of everyday living is removed, recovering addicts get the breathing room required for a clear assessment of their situation.

In this peaceful environment, Resurgence provides several unique programs to smooth the path to success in recovery. Pets are allowed, as Resurgence believes they offer essential emotional comfort. Support. Couples can attend therapy together, although they live in separate accommodations for residential care. Smoking is allowed outdoors, and clients can have access to cell phones after a two-week stabilization period.

Residents of Henderson, Nevada, or anyone else searching for help with a substance use disorder, can find

a solution designed for their unique needs at Resurgence Behavioral Health. For help or more information, visit online or call 855-458-0050.

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For more information about Resurgence Behavioral Health, contact the company here: Resurgence Behavioral Health David Rofofsky +19498996003 info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

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