



## **Toronto Chiropractor Transform Chiropractic Appreciates Community Feedback**

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Toronto, Ontario based Transform Chiropractic is pleased to highlight a positive review they received from a satisfied patient. For over 20 years, the team of award-winning chiropractors at Transform Chiropractic clinic in Toronto have helped thousands of patients to relieve their pain, regain their mobility and get back to the life they want.

The 5-Star review of Transform Chiropractic was shared on the clinic's Google profile by a user named 'KMW'. They write, 'I cannot say enough good things about Transform Chiropractic. My expectations have been far exceeded with the speed and effectiveness of my recovery. Dr. Viglasky is extremely knowledgeable and thorough. After seeing my progress, my girlfriend has started treatment as well, with the same results. I would highly recommend it.'

Dr. Byron Mackay from Transform Chiropractic says, 'We have always been dedicated to getting you the results you want, and knowing that patients who we have helped appreciate all the work that we have done is

truly heartwarming for all of us.?

The Transform Chiropractic team is composed of highly trained specialists who use a hands-on approach to healthcare, focusing on the spine, muscles, joints and their cumulative effect on the human body and nervous system. Proper chiropractic treatment can help patients who are suffering from a number of different conditions, including but not limited to lower back pain, neck pain and stiffness, headaches and migraines, sciatica, shoulder pain, rotator cuff injuries, sports injuries, pregnancy stress and pain, herniated discs, repetitive stress injuries, osteoarthritis and torticollis.

Upon a new patient's initial visit to Transform Chiropractic, they will meet with their chiropractor for a one-on-one initial consultation, where they will discuss their main concern as well as their health history, work and lifestyle stresses, activity level and any other factors that may contribute to their current condition. Following this initial discussion, the chiropractor will be able to conduct a detailed assessment of the patient's spine, posture and main complaint. By examining their overall movement patterns, the alignment and mobility of the spine and joints (as well as the function of the patient's muscles and soft tissues), the chiropractor will be able to determine what the underlying cause of the problem is and come up with the best way to resolve it.

After this, the chiropractor will sit down with the patient to outline the specific problem areas that are contributing to their symptoms, and provide a customized treatment plan that will include a number of approaches: chiropractic adjustments, soft tissue mobilizations and manual therapies, customized corrective exercises and stretches and ergonomic and lifestyle recommendations. This approach is drug-free, safe, highly effective and will help to relieve pain, restore normal function, minimize future injuries and improve the overall quality of life.

Dr. Byron Mackay and Dr. Elizabeth Viglasky are dedicated professionals with over 40 years of combined clinical experience in the field. In that time, they have successfully treated and helped thousands of satisfied patients of all ages.

The chiropractic center has proven its expertise in helping people overcome their issues, earning a high rating from over 150 stellar reviews. Tyler Watts says in their review, "As soon as you walk into the room, you're greeted with the utmost friendliness and professionalism. Dr. Mackay creates a very warm and comfortable environment to the point that I look forward to my weekly visits just for the nice chats, all the while maintaining great professionalism and quality of service. Katherine, who is at the front desk, is a very nice and friendly presence. Immediately when I had my initial evaluation, before therapy started, I knew right away I picked the right place, and I haven't second guessed coming once since."

Those who are looking for chiropractic services in Toronto should consider visiting Transform Chiropractic. The center's website has detailed information about their whole range of services and the team of chiropractic doctors. Those who want to get in touch with the center are welcome to contact Dr. Byron Mackay via email or phone. Social media users can also find Transform Chiropractic on Facebook.

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For more information about Transform Chiropractic, contact the company here: Transform Chiropractic Dr. Byron Mackay 416-604-4184 transformchiro@gmail.com Toronto West Professional Centre, 2425 Bloor St W #410, Toronto, ON M6S 4W4

## Transform Chiropractic

*Transform Chiropractic is an award-winning Toronto chiropractic clinic located in Bloor West Village. Dr. Byron Mackay and Dr. Elizabeth Viglasky have been helping patients with sciatica, neck pain and back pain for over 20 years.*

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