



Residents of Washington State Find Effective Addiction Treatment at Resurgence Behavioral Health

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Costa Mesa, CA ? Addiction knows no physical boundaries; nor does recovery. The right treatment can be in a person?s backyard or across the country; what matters is finding the right treatment that works. Many residents of Washington state are traveling to Southern California to find effective treatment for alcohol and drug addiction at Resurgence Behavioral Health.

Resurgence offers comprehensive treatment for substance use disorders involving alcohol, drugs, prescription medication, and associated mental health issues such as depression, anxiety, and PTSD. At its Costa Mesa center, located near Los Angeles, clients find cutting-edge treatment in a homelike environment that immediately puts them at ease and in a proper mindset for recovery.

Treatment covers the entire continuum of care, from detox through inpatient and outpatient care, followed by sober living, aftercare, and ongoing alumni programs to keep graduates connected and invested in their sobriety. In addition, several forms of cognitive and behavioral therapy are offered, and treatment can be

integrated with 12 Step programs if the client chooses. Resurgence also offers virtual therapy, providing the option of telehealth consultations to clients who cannot travel to Costa Mesa for treatment.

Reports indicate drug use and overdose rates are surging in Washington, especially in relation to fentanyl, a synthetic opioid that is 50 times stronger than morphine. In a 2021 study by University of Washington researchers, 42 percent of people surveyed said they had used fentanyl in the previous three months, compared to 18 percent in 2019. According to the Washington Department of Health, deaths involving synthetic opioids jumped from 142 to 602 between 2017 and 2020.

The connection between substance abuse and mental health disorders is clear. Substance abuse is often only a symptom of a deeper emotional or psychological problem or it may be a strategy for coping with past trauma. Resurgence believes strongly that both conditions must be treated together, with an approach known as a dual diagnosis or co-occurring disorder treatment; if left untreated, the emotional affliction will eventually lead to a relapse as the addict tries again to self-medicate their inner turmoil.

This strategy is one of many ways in which Resurgence tailors the treatment to the individual rather than asking the client to fit the therapy. As a result, the staff customizes the program to the client rather than expecting the client to fit into a one-size-fits-all plan.

Treating the whole person means providing a tranquil, inviting physical environment that feels more like home than a therapeutic facility. Resurgence has found that nature has a calming effect that opens the mind to accept therapy. When the stress of everyday living is removed, the recovering addict gets breathing room for a clear assessment of their situation.

In this peaceful environment, Resurgence provides several unique programs to smooth the path to success in recovery. Pets are allowed, as Resurgence believes they offer essential emotional comfort. Support. Couples can attend therapy together, although they live in separate accommodations for residential care. Smoking is allowed outdoors, and clients can have access to cell phones after a two-week stabilization period.

But at Resurgence, the staff is what really makes the difference. These highly experienced professionals are passionate about guiding those who are struggling but determined to make a better life for themselves. The recovery team includes medical professionals, certified addiction counselors, licensed therapists, and trained addiction specialists.

Residents of Washington, and anyone else searching for help with a substance-abuse disorder, can find a solution designed for their unique needs at Resurgence Behavioral Health. For assistance or more

information, visit online or call 855-458-0050.

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For more information about Resurgence Behavioral Health, contact the company here: Resurgence Behavioral Health David Rofofsky +19498996003 info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

Website: <https://resurgencebehavioralhealth.com/california/costa-mesa/>

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