



Fitness Training School Offering Personal Trainer Certification In Los Angeles Announces New Batch Of Graduates

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Strength Academy, a personal trainer school in Los Angeles, has announced that graduates from its latest accelerated five-week NASM-CPT course are ready to take the NASM exam to further their goals of becoming certified personal trainers. This update from the fitness training school comes on the heels of their previous announcement that had kicked off signups for the latest cohort.

The latest batch of students that graduated from Strength Academy began their journey in January 2022. The graduates of that cohort are currently taking or will soon be taking the exam to get certified by the National Academy of Sports Medicine (NASM) Certified Personal Trainer (CPT) program, the most widely recognized and accepted CPT certification in the fitness industry of the United States of America. NASM is accredited by the National Commission for Certifying Agencies (NCCA) and is the preferred certification of choice for top health clubs and fitness facilities worldwide hiring personal trainers.

A spokesperson for Strength Academy wished the latest batch of graduates luck in their endeavor by saying, "We are so proud of the cohort of January 2022 and we want to wish them well for their bright careers in the fitness industry. Our program merges NASM's curriculum with the in-house real-world experience that our instructors have gained throughout their careers as personal trainers to some of the most demanding clients that you can come across in this line of work. We have done our best to give them a complete perspective on the challenges of this industry and we hope that the lessons they have learned will not only help them clear the certification exam but also add real value to their interactions and dealings with the clients that they will meet once they start working as personal trainers. We are also equally excited to welcome the new batch of students who will start learning with us soon. We will make sure to ensure they get an even better education in fitness training as we constantly learn as much from our students as they learn from us. If you are interested in getting a headstart on your career as a personal fitness trainer, give us a call today or head over to our website to find out more about our program and the timeline for the next batch that we will be accepting."

The spokesperson talks about the value that its Los Angeles personal training certification program offers by saying, "Though NASM does provide applicants the course materials to learn online, it does not suit some students' learning styles as they are more likely to learn through in-classroom instruction and hands-on practice like what we offer here at Strength Academy. We also give them access to experienced instructors who have spent years working in the industry and can prepare the students for dealing with problems that online courses don't discuss. Some of the most glaring challenges that personal trainers face in this industry are business-related or pertain to dealing with interpersonal issues with one's clients. This unique blend of technical training mixed with soft skill coaching makes the Strength Academy the perfect breeding ground for personal trainers that are primed for success in this new generation."

Strength Academy's 5-week hands-on training program includes course topics such as lecture and hands-on training, human movement system, The Optimum Performance Training (OPT®) model, basic exercise science and exercise physiology, assessment and program design, exercise technique and training instruction, nutrition, client relations, behavioral coaching, and professional development. The aforementioned course topics include supplementary study materials, hours of lecture, and practical labs to ensure the students are well prepared to dispense their knowledge to clients pursuing their fitness goals. Apart from the training program, Strength Academy also provides three great services - The Athletic Club, The Trainer's Club, and the Recovery Club. The Athletic Club is a gym for paying members. The Trainer's Club is a space for personal trainers to meet with their clients and take them through their exercise program. The Recovery Club allows members to take part in advanced recovery using NormaTec recovery tools.

Readers who want to stay updated with Strength Academy's announcements can always follow their press

updates.

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For more information about Strength Academy Personal Trainer Certification, contact the company here: Strength Academy Personal Trainer Certification Natalia Lane +1 818-858-6395 Natalia.Lane@sacpt.org 6314 Sepulveda Blvd, Van Nuys, CA 91411, United

Strength Academy Personal Trainer Certification

Become a NASM Certified Personal Trainer in just 5 weeks with the #1 Personal Trainer School in Los Angeles! We will help you ace your NASM-CPT exam in our accelerated 5-week hands-on course. We're here to set you up for a successful fitness career.

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