



Texas Breast Center Spotlights the History of Breast Cancer Awareness for Women's History Month

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Following the commemoration of Women's History Month, Texas Breast Cancer offers information on the history of one of the critical points of breast care: breast cancer awareness. The article features the stories of women who played key roles in increasing awareness through advocacy and their own experiences. Women such as Betty Ford pioneered the way towards minimizing the stigma surrounding a breast cancer diagnosis, leading to an increased public awareness and practice of healthy breast care habits. From this, a societal push for research boomed, leading to national promotions and advocacy measures for breast cancer patients.

While it is common to see a surge of information surrounding breast cancer in October (the official month of recognition for breast cancer), Dr. Valerie Gorman asserts the importance of awareness year-round. A firm understanding of the facts surrounding breast cancer is crucial to one's health, as it can aid in prevention and detection of abnormal occurrences in the breast.

Dr. Gorman emphasizes, "With 1 in 8 women receiving a breast cancer diagnosis at some point in their life, the odds of you or a loved one developing this disease are high. This is why it is crucial to spread awareness

about this form of cancer, as knowing what to look for and how to manage certain risk factors can literally save lives. We are passionate about this at Texas Breast Center and hope to ally in the fight for further advocacy and awareness for the community.?

The growth of awareness in recent history has led to extensive research and modern treatments. The team at Texas Breast Center understands that this does not always dismantle all fear from a diagnosis, so they are eager to provide you with the utmost support and expert care. The center's founder, Dr. Gorman, is a breast surgeon with a specialty in surgical oncology and surgical diseases in the breast. She is the Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center in Waxahachie and is board certified by the American Board of Surgery. She is committed to offering personalized, targeted treatment plans, as she maintains transparency and full support for the patient regarding their course of action.

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Valerie J. Gorman, MD, FACS, is a surgeon of oncology and diseases of the breast. She is board certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center.

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