

# True Potential Chiropractic Now Providing Auto Injury Corrective Care In Beaverton

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Beaverton, Oregon based True Potential Chiropractic (TPC) is reaching out to explain the techniques behind their chiropractic services for auto injuries. In particular, they wish to shed light on the benefits of chiropractic treatment after vehicular accidents. The Beaverton Chiropractor is dedicated to ensuring their community can have the best health imaginable through principal corrective chiropractic adjustments and lifestyle modifications.

The team of experienced professionals at True Potential Chiropractic are very familiar with treating all sorts of trauma, including car-crash related traumas. They use gentle and effective in-office corrective exercises and professional bodywork therapy via a team of licensed massage therapists to assist their patients in restoring full body functions and ensuring comfort. All of the chiropractic clinic's spinal, extremity and TMJD care is performed by trusted and highly-rated chiropractic physicians.

Dr. Bryen Bell from True Potential Chiropractic says, "If you have been in a car crash, you would be recommended chiropractic care. Such treatments can ensure that your body is well-aligned and can help you avoid long term disabilities that can happen as a result of seeing the wrong provider for the accident. If you are looking for reliable auto injury corrective care in Beaverton or the rest of Portland, you need not look further than us."

According to True Potential Chiropractic, there are a variety of reasons why people who have been in auto accidents should consider visiting a chiropractic practitioner. For one, chiropractic treatments can reduce inflammation. Physical injury is a common consequence of auto accidents, and while some amount of inflammation is normal and is a sign of the human body trying to heal itself, too much can be harmful to tissues and can cause discomfort. Chiropractors can help reduce inflammation by realigning the spine, which will cause the body to respond by lowering its inflammatory cytokine production and reducing inflammatory pain.

Chiropractic treatments can also help reduce other forms of pain. Skilled chiropractors manipulate their patients' spine in such ways that their body will naturally release pain-relieving hormones. Studies have shown that the levels of oxytocin, neurotensin and cortisol in the bloodstream increased in test subjects after spinal manipulation.

Victims of car accidents more often than not find that they have lost their range of motion and flexibility, especially in their necks and backs, due to their accidents. This loss of flexibility can be due to the misalignment of spinal joints, the development of scar tissue or inflammation. Chiropractic treatment can help restore full range of motion by careful realignment of the spine. This will also help reduce scar tissue, which is formed when muscles or tendons are damaged and the body attempts to repair itself with collagen. While scar tissue can heal over time and eventually function like normal tissue, the unfortunate fact is that they can cause long-term pain and stiffness. Chiropractors can use specific techniques to break up scar tissue and help the body heal faster.

Dr. Bell says, "As chiropractors, we have a wide range of tools and techniques that allow us to realign your body and restore function for patients who have been in car accidents. If you have been in a car accident, we can help you too. Get in touch with us today, and we will get you started on the path to full recovery."

The services provided by True Potential Chiropractic have earned them universal praise from their patients, leading to a perfect rating on their Google profile from over 300 reviews. Tracy Chapman writes in their review, "Regular chiropractic visits to Dr. Bell have made a huge difference in my physical well-being and help me continue to do the sport I love. I've been doing Jiu Jitsu for 15 years, which has added a bit of wear and tear on my body. Dr. Bell helps me recover from and avoid future injuries. Thank you, everyone at TPC!"

Those who want to learn more about the Beaverton car accident chiropractors should visit True Potential Chiropractic's website. Interested parties can get in touch with them via the contact portal on the website. Dr. Bryen Bell can also be contacted via email or phone. True Potential Chiropractic maintains a presence on social media; users can find them on both Facebook and Instagram.

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For more information about True Potential Chiropractic, contact the company here: True Potential Chiropractic  
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**True Potential Chiropractic**

*True Potential Chiropractic is an award winning wellness center located in Beaverton OR. TPC is able to assist from prenatal to adults with their pain relief, personal injury and corrective care. Bodywork, stretch and chiropractic therapy is available.*

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