



Strength Academy Offers Newly Updated Personal Trainer Certifications Exam Crash Course

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Strength Academy Personal Trainer Certification, a school based in Van Nuys, CA, is happy to announce that they are offering a newly updated National Academy of Sports Medicine (NASM)-Certified Personal Trainer Exam Crash Course. This NASM-Certified Personal Trainer Exam Crash Course is available in-person in Los Angeles and it can also be provided online, and it is considered to be an excellent resource for all fitness professionals nationwide. The academy is currently trying to focus on online learning because most people are now familiar with Zoom and other platforms, including both text-based and video modules for learning.

This particular course has been designed to provide the individuals everything that they are required to know to pass the test on the first attempt and save themselves hours of study time. All of the topics are covered to ensure that the students will know exactly what is going to be on the exam. They will also be provided with a cheat sheet that make studying for the exam much easier.

It is possible for people to take the crash course over the weekend and then pass the exam during the week.

They have prepared more than 1,500 practice questions and full practice tests. And for those who are unable to take the Live Crash Course, it can be done online, also allowing them to study over the weekend and pass the certification exam during the week.

The Strength Academy's accelerated five-week, newly updated NASM-CPT Course is considered to be the most comprehensive revolutionary program on the market. The NASM is the leading certification and education authority for Certified Personal Trainers all over the world. With their curriculum and their in-house real world application, students are likely prepared in building relationships with clients and a long successful career as a fitness professional. NASM is accredited by the National Commission for Certifying Agencies (NCCA), and it is the preferred choice of leading fitness facilities and health clubs all over the world. Those who want to know more about Strength Academy can get media updates about the facility.

Those who opt to get certified through NASM can substantially boost their chances of finding a job at a gym or health club. However, it is important to point out that the test is quite challenging and has a 64 percent pass rate. Thus, preparation for the exam is vital because retaking the exam be both costly and demoralizing. The newly updated NASM-CPT course is five weeks long, hands-on training course. An overall sample of the course includes: lecture and hands-on training; the human movement system; The Optimum Performance Training (OPT) Model; basic exercise science and exercise physiology; assessment and program design; exercise technique and training instruction; nutrition; client relations; behavioral coaching; and professional development. These will include hours of lecture, study materials, and practical labs designed such that the students are able to help clients safely achieve their fitness goals, and also enjoy the process. In addition to providing the best possible personal training education program, Strength Academy has lots of other ways to support students in their journey.

Strength Academy serves as the primary personal trainer certification school offering a NASM-CPT Course. Their academic curriculum when combined with practical application can provide individuals with the skills and knowledge that they require to succeed as a personal trainer. The program also includes how individuals who want to become personal trainers can build relationships with their clients and develop programs that will make them stand out from the crowd. They also offer a business course, Moving Forward, to allow Certified Personal Trainers to start their own business. They also offer shared training space for Independent Personal Trainers, their clients, startups, and other enterprises. Their goal is to provide a fitness training experience is unmatched anywhere else.

Those who are interested in learning more about the NASM-CPT Crash Course and other programs offered by Strength Academy Personal Trainer Certification can check out their website, or contact them on the phone, or through email. Those who are interested in knowing their location can check out their Google Maps

page. They are open from 9:00 am to 6:00 pm, from Monday to Friday.

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For more information about Strength Academy Personal Trainer Certification, contact the company here: Strength Academy Personal Trainer Certification Natalia Lane +1 818-858-6395 Natalia.Lane@sacpt.org 6314 Sepulveda Blvd, Van Nuys, CA 91411, United

Strength Academy Personal Trainer Certification

Become a NASM Certified Personal Trainer in just 5 weeks with the #1 Personal Trainer School in Los Angeles! We will help you ace your NASM-CPT exam in our accelerated 5-week hands-on course. We're here to set you up for a successful fitness career.

Website: <https://sacpt.org/>

Email: Natalia.Lane@sacpt.org

Phone: +1 818-858-6395

