Choice Men's Health Explains How to Ask One?s Doctor About ED Treatment

May 09, 2022

May 09, 2022 - PRESSADVANTAGE -

Choice Men's Health, a men?s health clinic in Atlanta, GA, has recently released a blog post on how men can ask their doctor about erectile dysfunction treatment. It is important to note that having problems with getting an erection once in a while is not an issue, but when it begins to happen often, it could be time to consult one?s doctor about erectile dysfunction (ED). Many men are too embarrassed to mention their problems when consulting with their doctor. ED is a common condition that affects millions of men of any age, so there?s nothing to be embarrassed about having ED. Because of the sensitive nature of this condition, many me resort to taking herbal remedies, over-the-counter drugs, or supplements instead of seeking medical advice, but this may cause more damage, particularly if the medicine or supplement taken interacts with current medications.

When consulting with a certified medical professional about ED, the doctor will review the patient?s medical history and conduct a physical exam. The patient?s testosterone levels may also be monitored, and the medications used, and lifestyle factors such as smoking, drug use, and drinking alcohol may be closely examined. The doctor will also look at the patient?s health condition because ED may also be a sign of severe health problems, such as diabetes; heart disease; cardiovascular disease; low testosterone; high blood pressure; obstructive sleep apnea; chronic inflammation; anxiety; stress; depression; and side effects of medication, such as blood pressure medications.

For most men, oral medication may be effective enough for ED. However, some of the PDE5 inhibitors should not be taken by those taking nitrates, such as isosorbide and nitroglycerin. They should also be taken cautiously by men taking alpha-adrenergic blockers due to the risk of low blood pressure. Thus, it is essential to let the doctor know what drugs one is taking before they prescribe medication for ED.

The most common ED medications are Tadalafil (Cialis), Sildenafil (Viagra); Vardenafil (Levitra); and Avanafil (Stendra). These are prescription drugs that boost nitric oxide levels in the blood. The nitric oxide causes the

blood vessels to widen and help increase the blood flow such that more blood in the penis will make it easier to get an erection and maintain it when a man is sexually aroused.

The article also offers some tips for men to boost their confidence and comfort level when they talk to their doctor about ED. Rehearsing what they?re going to say at their in-person appointment might help, and the article suggests several statements to start the conversation. It is also essential to go to the appointment prepared with a list of questions to ask the doctor. It is also a good idea to list their symptoms beforehand because the doctor will certainly ask them. Those who notice that their doctor is not comfortable when discussing ED or aren?t getting the information they think they should, can ask for a referral to an ED treatment specialist.

For those who have questions regarding ED medication or anything related, it is important to note that Choice Men?s Health in Atlanta, Georgia, has been helping men have great sex for years. They have the expertise and knowledge regarding the best treatments for erectile dysfunction that can help men recover their sex life.

The ED specialists at Choice Men's Health are experts in determining the cause of erectile dysfunction in a patient and then providing the necessary treatment to enable the patient to regain his former sexual health. They can come up with a personalized treatment plan to allow the patient to have a healthier and happier life.

Those who are interested in learning more about ED, its causes, and its treatment can visit the Choice Men's Health website or contact them through the telephone or via email. They are open from 9:00 am to 6:00 pm, from Monday to Friday.

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For more information about Choice Men's Health, contact the company here:Choice Men's HealthDr. Katz(404) 400-3717info@choicemenshealth.com1945 The Exchange SE, Suite 435Atlanta, GA 30339

Choice Men's Health

At Choice Men's Health in Atlanta, Georgia, we provide customized treatment plans to help men achieve a healthy and active sex life. With our licensed medical professionals, we provide personalized ED Treatments and PE Treatment.

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