



Chiropractic Clinic Offering Cupping Therapy Near Me in Beverly Hills Reports on More Satisfied Patients

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Jochen Chiropractic & Wellness Center, a holistic and pain-free clinic based in Beverly Hills, CA is proud to announce on recent Instagram posts about new patients satisfied and happy about getting pain relief. In one recent Instagram post, Dr. Stephen Jochen, D.C. poses for a photo with two new patients who have signed the pain free wall in the clinic. In another recent post, a short video shows a patient who says she feels good and much better after consistently coming to the clinic for treatment for almost five months. In this particular Instagram post, Dr. Jochen wants to emphasize the importance of consistency as the key to success in achieving the desired results. They use a wide range of wellness care techniques, including chiropractic care and various traditional Chinese medicine (TCM) methods, such as cupping therapy.

Cupping therapy is a TCM technique with the purpose of enhancing blood circulation within the body by applying the power of suction exerted by cups. Any muscular tension that resulted from injury or physical activity may be relieved by the cups when these are placed on certain meridian lines. Jainen Shin, a licensed acupuncturist at Jochen Chiropractic & Wellness Center, will strategically position the cups on the patient's meridian lines and will instruct the patient to remain still for approximately 20 minutes while the cupping does its work. Cupping therapy has been noted to be effective in restoring muscle function and in

getting rid of stress before and after a sports activity. It may also help with arthritis; headaches, including migraines; coughs and colds; and stress. Furthermore, cupping therapy may promote relaxation, improve the body's natural detox processes, and boost the immune system.

Acupuncture is another TCM method provided at the chiropractor near me Beverly Hills clinic. This may also be provided by Jainen Shin, who will insert sterilized needles into the patient's skin at the appropriate depth to get the patient's energy back into alignment. Each needle is positioned into a particular meridian point, which is where energy collects and disperses. Several conditions may be treated with acupuncture, including headaches, allergies, joint and low back pain, sciatica, arthritis, depression, and others.

They can also provide sports therapy, not just to those who are engaged in sports but to everyone who takes part in any type of physical activity, such as training for a marathon or doing exercises in the gym. Sports therapy can be used for various kinds of conditions and injuries, such as: lower back pain, neck pain, shin splints, sprains and strains, tendonitis and bursitis, shoulder impingement, and tennis elbow.

Established in 1994, Jochen Chiropractic & Wellness Center is focused on helping patients achieve their wellness goals by combining the different skills and expertise making up the entire wellness spectrum, from chiropractic care to TCM and more. Dr. Stephen Jochen, D.C., who always ensures to apply the holistic approach when providing chiropractic care, leads a team of health professionals at the wellness center. Patients are guided on a holistic journey towards a pain-free lifestyle that doesn't have to depend on taking a lot of medication or going through an invasive procedure. With around 20 years of experience, Dr. Jochen and his team can provide the appropriate treatment for different types of conditions, such as lower back pain, sports injuries, carpal tunnel syndrome, sciatica, and more, by using a range of services, including chiropractic care, laser therapy, cupping therapy, acupuncture, and more. They are committed to applying a diversified approach when helping patient get healed and achieve better health. They have also developed a three-tiered approach to healing: prevention and wellness; pain-free treatment alternatives; and correction and recovery.

Those who are interested in going to a holistic chiropractor Beverly Hills clinic can visit the Jochen Chiropractic & Wellness Center website, or contact them through the phone or via email. They are open from 8:00 am to 7:00pm for Mondays, Wednesdays and Fridays; from 1:00 pm to 7:00 pm on Tuesdays and Thursdays; and from 9:00 am to 1:00 pm on Saturdays.

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For more information about Jochen Chiropractic & Wellness Center, contact the company here:[Jochen](#)

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Jochen Chiropractic & Wellness Center

Located in Beverly Hills, CA, the team of highly trained professionals advocates for a holistic and pain-free lifestyle. From chiropractic care to traditional Chinese medicine, this wellness center offers a variety of services to meet its patients' needs.

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