Toronto Functional Medicine Centre Explains What People Need to Know About Vitamin E for IV Therapy in Toronto

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently published a blog post that discusses what people need to know about vitamin E for IV therapy in Toronto. The article points out that IV therapy patients may want to consider vitamin E for optimal health. Vitamin E, which is actually not just one vitamin but a cluster of compounds, may help in preventing cellular damage. These are fat-soluble compounds with significant amounts of antioxidants. Studies have noted that vitamin E may help the human body in promoting metabolism, immune function, cellular function, and gene regulation.

It should be noted that minimal intake of vitamin E or a vitamin E deficiency may occur in certain individuals because of genetics and certain health conditions. Ataxia with vitamin E deficiency and abetalipoproteinemia are two inherited conditions that pass on vitamin E deficiency genes. Meanwhile, celiac disease, Crohn?s disease, cystic fibrosis, liver disease, and pancreatitis (chronic) may cause patients to have problems with nutrient absorption, which may result in vitamin E deficiency.

Symptoms of vitamin E deficiency include: fragile muscles, vision issues, a weakened immune function, and damage to the nerves and muscles. And it has been observed that vitamin E treatments may have a number of beneficial effects, such as: reduction of oxidative stress; treatment or prevention of cataracts and age-related macular degeneration; and prevention or delaying of cardiovascular disease.

It has been observed that vitamin E is vital for maintaining optimal health. Thus, it is advisable to correct a deficiency in vitamin E. To find out if a patient has vitamin E deficiency, certain lab tests will need to be performed to confirm those key vitamins that are lacking. And if a patient has vitamin E deficiency, a functional medicine health care provider at the Toronto Functional Medicine Centre will discuss treatment options, such as oral supplementation, changes to daily diet, and IV therapy.

Those who have concerns or questions regarding vitamin E therapy are encouraged to contact the Toronto Functional Medicine Centre. Their health care team applies an integrative approach to patient care and functional medicine. They emphasize naturopathy, acupuncture, traditional Chinese medicine, and allopathic (western) medicine. Their integrative treatment strategies are all designed to help boost brain function and energy. They?re suitable for various conditions, such as: chronic fatigue syndrome, thyroid conditions, infertility, skin rejuvenation, athletic recovery, DNA repair, adrenal function, blood pressure support, autoimmune disease, and mineral deficiencies such as IV therapy for iodine deficiency. Their vitamin drip treatments are made up of a broad mixture of vitamins, such as folic acid, additional B vitamins, ascorbic acid (high-dose vitamin C), a medley of amino acids, major minerals, and Myers Cocktail. Vitamin D intramuscular shots can also be provided at the clinic. However, it is important to note that before the patient?s first vitamin IV drip, an in-person or virtual consultation is required to avoid sensitivity reactions or medication interactions to the infusion solution. Functional medicine lab tests may also be required before IV therapy is administered.

The Toronto Functional Medicine Centre applies an integrative and functional medicine approach, which means that they combine functional medicine techniques with alternative medicine, such as herbal medicine, traditional Chinese medicine or Eastern medicine, bio-identical hormone replacement, and more. Furthermore, the restorative medicine centre applies functional medicine and alternative therapies for various types of health issues, such as: chronic disease, hormone imbalances, neuropathic pain, acute health issues, postmenopausal health, and more. The conditions that they may be able to help with include: chronic fatigue, tissue repair, cellular damage, DNA repair, athletic recovery, mineral deficiencies, thyroid conditions, infertility, immune function, skin rejuvenation, adrenal function, and others.

People who are interested in learning more about Vitamin E therapy in Toronto can visit the Toronto Functional Medicine Centre website, or contact them on the telephone at (416) 968-696 or through email at

info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; 9:00 am to 5:00 pm on Tuesdays and Thursdays; and 9:00 am to 4:00 pm on Saturdays.

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Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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