

Toronto Functional Medicine Centre Offers NAD IV Therapy In Toronto For Increasing Energy Levels

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TORONTO, ON - May 22, 2022 -
Toronto Functional Medicine Centre is offering NAD IV therapy in Toronto for energy level elevation to those complaining of feeling drained and exhausted from the responsibilities that they must fulfill daily.

In a blog post, the Toronto IV Therapy clinic acknowledges patients commonly approach the health centre with concerns of feeling like they are lacking the energy to get through their ever-increasing to-do list. Between balancing, career, and personal goals, it is understandable that one might feel they are unable to keep up with the obligations that they have toward others or those that they have set for themselves. The blog post also quotes a statistic from the Canadian Institutes of Health Research which says that over half a million Canadians suffer from chronic fatigue syndrome. The condition is characterized by excessive fatigue that lasts for over 6 months without there being any underlying medical condition causing it. NAD IV therapy treatments can be prescribed for those suffering from chronic fatigue, jet lag, or those looking to increase their overall vitality.

NAD, which stands for Nicotinamide Adenine Dinucleotide, is a coenzyme that controls numerous metabolic chemical reactions. It binds with the enzymes in the body stimulating cell regeneration, reducing withdrawal symptoms if recovering from substance abuse, and enhancing cognitive processing by activating the brain?s neuron function. It was known to scientists since the early 1900s, but it started being used in medical treatments in the 1960s. Scientists today are unlocking its full potential to maintain healthy organs and neurological systems. NAD supplementation can be administered sublingually or through intranasal or intravenous therapy. Upon administration, NAD may encourage cellular health benefits such as promoting DNA repair, alleviating mitochondrial dysfunction, and reducing oxidative stress.

More importantly, NAD plays a role in generating ATP (Adenosine Triphosphate), the foundation of cellular energy in the body, which supports many processes such as muscle contractions and reproducing DNA. The creation of ATP can trigger an improvement in a person?s energy levels. NAD levels decline as people age. NAD levels can also be influenced by other conditions such as chronic inflammation or nutritional disturbance. Supplementing NAD can, therefore, have an impact on enhancing a person?s energy levels, especially if they suffer from any of the above-mentioned metabolic conditions. On its website, Toronto Functional Medicine Centre quotes an article published in Cell Metabolism that suggests increasing NAD+ levels, ?hold the promise of increasing the body?s resilience, not just to one disease, but to many, thereby extending healthy human lifespan.?

Toronto Functional Medicine Centre offers patients various treatments to increase NAD levels. Patients can choose to take NAD precursors orally which include, nicotinamide riboside (NR), and nicotinamide mononucleotide (NMN) or have NAD intravenous Infusion treatments, which is ideal for the efficient absorption of nutrients, is suitable for patients who prefer complete absorption, or experience dysphagia or oral malabsorption. During the treatment, an IV drip compound with amino acids and NAD+ (a form of NAD) in a saline solution base is inserted into the patient?s veins making the solution immediately available for the body to absorb without it having to be filtered through the digestive tract.

Toronto Functional Medicine Centre crafts its clinical care by focusing on the functional medicine model. It uses a combination of health care modalities like naturopathy, allopathic/western medicine, herbal medicine, hormone optimization programs, nutritional IV therapy, Traditional Chinese Medicine, environmental factors, and genetics to create an integrative treatment plan to optimize patient?s wellness. The clinic can help treat several health concerns such as adrenal fatigue, brain health, chronic conditions, detoxification, digestive health, food allergies/intolerance, hormone imbalances, infertility, immunity, inflammation, menopause, mold toxicity, nutritional deficiencies, thyroid malfunction, and more. A related article was also recently published that talked about the benefits of NAD IV therapy for athletic performance.

Readers interested in benefiting from the NAD IV therapy offered by Toronto Functional Medicine Centre can contact the clinic at the phone number (416) 968-6961 to set up a meet and greet discovery session to get their questions about the procedure answered.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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