



Dyer News Shares New Round Of Personal Finance Articles

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DyerNews, which covers topics such as money management, small business, FinTech, and product reviews, has published "Top 10 Personal Finance Articles of the Month - April 2022" which lists the best articles related to personal finance published in April 2022.

The Top 10 Personal Finance Articles of the Month - April 2022, is split into three sections, comprising of financial spring cleaning tips, time management and general suggestions on managing personal finance more effectively. Each represents a facet of life that an individual has to take seriously if they want to stay ahead of their bills and reduce unnecessary spending - at least in the present economic climate.

The first article on the list, "How to Clean Out Your Closet With a Quick Closet Purge" from One Frugal Girl, covers how a good spring cleaning can expose unhealthy purchasing habits. For instance, it recognizes that everyone loves a good bargain, but some people may find themselves compelled to buy new clothes that they do not like as much or that may not even fit well simply because they were available at an apparently

decent price.

Is it hard to purge clothes you spent hard-earned money buying? Yes, but that doesn't mean you shouldn't do it anyway," the article says. "If opening your closet makes you feel guilty, it's time to let go of your guilt. If you stare at a wall full of garments that never leave the closet, it's time to donate them to someone else. These garments can also be sold to recoup some money, but this should be followed up by a freeze on impulsive buying. The article recommends approaching each "bargain" with a critical eye and only buying what is necessary – or perhaps too good to pass up strictly because it appeals to the customer's tastes. The bargain itself should never be an initiating factor.

Another article from *A Lawyer And Her Money* explores how time plays a role in mental health. While it might seem sensible to focus every available moment on making money or seeking new investments, the article makes the argument that "wasting" time on pleasurable activities or self-fulfilling commitments can greatly improve a person's disposition. No one can afford to ignore their mental health, and endlessly chasing a single goal can quickly lead to burnout, stress and a host of other issues.

The article also makes a distinction between "quality time" and "garbage time," defining the former as a sort of highlight reel of life that can be revisited as a fond memory in the future. Garbage time, however, does not represent bad memories – it is simply time worth living in the present. "Garbage time is the errands you run," the article says, "the meals you make, the schedules you plan. Ultimately, garbage time is where you spend your friendship. You don't recognize it when you're in it, but that might make it more valuable."

These excerpts from articles featured in "Spring Cleaning Etc." and "All About Time" represent only a fraction of what their respective authors had to say, and there are several more resources that have valuable insights to share. Dyer News makes it their mission to share the latest personal finance news, but they also understand that a balanced life has to take other aspects of living into account.

As such, they encourage their community to take a look at all the articles on this list to broaden their perspectives (and perhaps gain actionable advice in doing so). More articles can be found on the official Dyer News platform as well, and interested parties are welcome to direct their inquiries to Kyle Burbank of Dyer News.

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