

Choice Men's Health Discusses Early Signs Of ED To Watch Out For

May 24, 2022

May 24, 2022 - PRESSADVANTAGE -

Choice Men's Health has published an article on its website that discusses the early signs of erectile dysfunction (ED), one of the most common sexual disorders among men that they should watch out for. The article discusses what ED is, elaborates on some of its risk factors, and then lists some of the early signs that indicate one might be suffering from the disorder.

The article begins by dispelling the myth that ED develops instantaneously. A lot of men assume that ED occurs only when one reaches old age and that it happens overnight. The article says that this couldn't be further from the truth because it is a progressive process that manifests slowly over time. A man suffering from ED will receive plenty of indicators that their sexual health is declining. This gives them enough time to course-correct and fix the underlying physical or mental health problems responsible for it.

Occasional ED is common and not a cause for concern. It can happen for several reasons, such as if a person is stressed or sick. Performance anxiety is another reason that some men can experience ED. However, the time to ring the alarm is when it is persistent enough to hinder a healthy relationship or one's personal sex life. Several medical treatments are available to address ED, giving men a new lease on life and helping them live life more confidently or form a more meaningful bond with their significant others.

The article then discusses the risk factors for ED that are most common. Many of the factors mentioned are lifestyle-related as their roots are in problems such as unhealthy diets, addiction, a sedentary way of life, and more. For example, health conditions such as diabetes, heart conditions, or sleep disorders may contribute to ED.

Tobacco use is another culprit as it restricts blood flow to the veins and arteries. Over time, it can cause chronic health conditions that lead to ED. Obesity or being overweight also contributes to ED. Some specific medical treatments, such as prostate surgery or radiation treatment for cancer, can cause ED as a side

effect. If a man is injured in the critical areas of the body that house the nerves that control arousal or the arteries that supply blood to the genitals, it can cause ED.

Men who are on certain medications to address any of the aforementioned health issues, such as blood pressure medication, antidepressants, antihistamines, and medications to treat pain or prostate conditions, can also suffer from ED. On the psychological spectrum, conditions such as excessive stress, anxiety, depression, or relationship problems can cause ED. Those suffering from addiction to alcohol or other more dangerous narcotic substances can also suffer from problems with healthy sexual function.

Finally, the article lists some of the clearest indicators that someone might have to contend with ED soon. First, a strong sign is a difficulty in getting or maintaining an erection. This includes an erection that is not strong enough for penetration. Second, a decreased libido is a sign that it could be difficult for a man to maintain an erection during sex. This could be caused by hormonal imbalances or mental conditions such as anxiety, depression, or shame. Third, a seldom-discussed aspect of ED is the loss of sensitivity in the penis. Finally, the post says that men who report a drop in morning and late-night erections might also face problems with ED in the future.

Choice Men's Health offers a range of men's health services such as Erectile Dysfunction Treatment, Acoustic Wave Therapy, Premature Ejaculation Treatment, and Low Testosterone (Low-T) Treatment. The clinic assures patients that all its one-on-one appointments are discreet and confidential and that it has an established track record of getting results for thousands of men over the years.

Patients seeking ED treatment can contact Choice Men's Health clinic in Atlanta at the phone number (404) 400-3717 or use a contact form on its website to ask its representatives a direct question.

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For more information about Choice Men's Health, contact the company here: Choice Men's Health Dr. Katz (404) 400-3717 info@choicemenshealth.com 1945 The Exchange SE, Suite 435 Atlanta, GA 30339

Choice Men's Health

At Choice Men's Health in Atlanta, Georgia, we provide customized treatment plans to help men achieve a healthy and active sex life. With our licensed medical professionals, we provide personalized ED Treatments and PE Treatment.

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