



# Bexley Dental

## **Bexley Dental Offers Installation Of Adult Teeth Braces**

*May 31, 2022*

May 31, 2022 - PRESSADVANTAGE -

NSW based Bexley Dental would like to reach out to local residents who are looking to have adult braces installed. Over the past two decades, the number of adults seeking orthodontic treatment has risen dramatically. A report from the Australian Society of Orthodontists shows that over half of Australians are self-conscious about their teeth, indicating that there is a need or want for adult braces. When asked, many have said their teeth were the first thing they would change about themselves. Part of the reason for this is the pain and discomfort that crowded or misaligned teeth can cause, but there are cosmetic reasons as well.

If you were lucky, the need for orthodontics was discovered when you were young, the dental clinic says. It's much easier to direct the movement of teeth in a child and set children up for a lifetime of gorgeous smiles. But no matter your age, orthodontics can help correct your smile and protect your oral health. While the braces of yesterday were admittedly unattractive, today's options are much more discreet. Whether you're a candidate for traditional braces or Invisalign, there are options that minimize the appearance of your orthodontic treatment while we get your smile in line. Unlike the obvious metal contraptions of the past, the latest materials and technologies make braces far less bulky. And most parts can be clear, tooth coloured or even ceramic, so they blend in. Traditional braces are best suited to correcting the most complex tooth misalignments, especially those requiring vertical movement or incisor rotations.

Misaligned teeth can cause a number of problems. One of the biggest issues associated with misaligned teeth is the unusual stress placed on the enamel of the teeth. The misalignment changes wear patterns and erodes the enamel, increasing the risk of invasion by bacteria, which then results in cavities that require fillings or root canals if left unattended. Crowded teeth, another issue often fixed with braces, are very difficult to clean. The tight spaces between crowded teeth provide an excellent hiding place for bacteria, and combined with damaged enamel, this can lead to very serious complications that may need to be addressed with root canals or fillings.

With the help of the dental care specialists at Bexley Dental, a patient can get all these (and many other) issues resolved. They use the most advanced equipment and modern techniques to help their patients achieve the very best dental health possible. They believe it is their job to put a smile on every patient's face. This often includes restoring their smile so that they feel confident enough to want to show it off. In other cases, it includes providing preventative care (like regular check-ups) to ensure that the patient's smile remains healthy for years to come. Bexley Dental has been serving the community since 1990, and the team has encountered and resolved all kinds of dental issues over the years.

"Dr. John is the absolute best," says a 5-Star review from Chantelle Akii on the clinic's Google profile. "Today, I had a root canal, and it was my first ever time in a dentist where I wasn't put to sleep. I have massive dental phobia. Unbelievably anxious, I was. He made me feel completely calm and walked me through everything and nothing hurt at all. I was so surprised. I am so happy and relieved and will be back there from now on. This has been a life changing experience, and I cannot thank him enough."

Another patient says that the clinic provides an, "Amazing service! I came to Dr. Theo Spyrakis with very bad top teeth planning to have implants to improve my smile, but he suggested saving my teeth and fixing my smile with crowns instead. Dr. Spyrakis did an excellent work in designing my smile, engaged a gums specialist to reshape my gums, clearly explained the procedures along the way and completed the whole process with an amazing smile for me. The staff were always friendly and very helpful. True professionals. I'm very happy with the new smile I have. My wedding photos are amazing. Thank you, Dr. Theo Spyrakis."

For more information on the dental office, visit <https://bexley-dental.business.site/posts/9091147847827956102>. Their office can be reached via phone or email as well.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 [patrice.spyrakis@bexleydental.com.au](mailto:patrice.spyrakis@bexleydental.com.au) 400 Forest Rd, Bexley NSW 2207

## **Bexley Dental**

*Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spryakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy*

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