



## Toronto Functional Medicine Centre Explains How Mistletoe IV Therapy May Help and How It Works

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released a blog post that explains how mistletoe IV therapy may help a patient and how it works. They use European mistletoe extract to help support the patient's body, to recover strength and have a better quality of life. Some functional medicine health practitioners have already recognised European mistletoe as a way for patients to achieve optimal functioning. Mistletoe therapy may be used to enhance energy levels, combat stress, boost immune health, and also as an adjunct therapy for cancer. The mistletoe extract is typically administered through subcutaneous injection but it may also be given via an intravenous (IV) therapy drip.

The more than 1,000 ingredients of mistletoe plus their synergy provide the plant its wide spectrum of effects: activating the body's defenses; enhancing general well-being; and strengthening the immune system. According to an article from 'Planta Medica,' mistletoe has been classified as a 'biological response modifier' because of its ability to rouse the immune system.

It has been observed that mistletoe extract may help with persistent fatigue. Specifically, it has been pharmacologically utilized for its antibacterial, anti-cancer, and anti-oxidative effects. The way that mistletoe extract works in the human body is as follows: when the extract is administered, it stimulates the immune system by causing the activity of immune cells to increase. Because of this, functional medicine treatments may use mistletoe extract to promote various benefits, such as: the possible boost of energy levels and appetite; recharging in sleep patterns; immune function regulation; and alleviation of low mood.

Meanwhile, at the Toronto Functional Medicine Centre, mistletoe therapy is administered as an intradermal injection or IV infusion therapy. As an intradermal injection, mistletoe extract can be injected beneath the skin; however, a consultation with their functional medicine team is required beforehand in order to rule out any possible allergic reactions. Usually, there may be some redness and itching on the injection site but this is not an adverse reaction but rather an indication that the body is reacting to the treatment.

As an IV drip, mistletoe extract is inserted into the veins and the blood stream. This allows the body to quickly absorb the mistletoe solution. But before the first IV therapy session, there must also be a consultation with their functional medicine health professionals. This will help in determining the essential vitamins to include in the patient's specific IV drip, specific health goals, and if any other functional medicine treatments may be needed.

It is important to note that mistletoe therapy may help in reducing the side effects of typical cancer therapies, particularly fatigue. As adjunctive cancer support, mistletoe is commonly administered over many weeks, months or years. The duration will actually depend on the duration or progression of the patient's diagnosis.

It also important to note that at the Toronto Functional Medicine Centre, a range of IV vitamin drip treatments are available, such as: nicotinamide adenine dinucleotide (NAD) IV for cellular functioning, boosting brainpower with amino acid therapy; and high dose vitamin C. They also offer IV alpha lipoic acid and other essential vitamin infusion therapies for immune support, possible nutritional deficiencies, and autoimmune conditions.

The Toronto Functional Medicine Centre applies an integrative functional medicine approach, where they integrate functional medicine methods with restorative medicine, such as traditional Chinese medicine (TCM) or Eastern medicine, bio-identical hormone replacement, herbal medicine, homeopathic medicine, and more. They apply functional medicine and alternative therapies for different kinds of health conditions, such as: hormone imbalances, neuropathic pain, chronic disease, postmenopausal health issues, acute health issues, and more. The health conditions that they may help with include: tissue repair, cellular damage, chronic fatigue, athletic recovery, mineral deficiencies, DNA repair, infertility, immune function, thyroid conditions, adrenal function, skin rejuvenation, and others.

People who would like to know more about the IV therapy services in Toronto can check out the Toronto Functional Medicine Centre website, or contact them through the telephone at (416) 968-6961, or via email at info@tfm.care.

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For more information about Toronto Functional Medicine Centre, contact the company here: Toronto Functional Medicine Centre Heather Claus (416) 968-6961 info@tfm.care Toronto Functional Medicine Centre 55 Avenue Rd 204 A Toronto, ON M5R 3L2

## **Toronto Functional Medicine Centre**

*Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.*

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