Revival Products Creates Shakes For Menopause

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Revival Products Inc has announced that their doctor-formulated soy protein could be effective at reducing the discomfort from symptoms like hot flashes and night sweats that older women often experience during menopause. These soy shakes for menopause are specifically formulated to maximize the benefits they can provide to people experiencing menopause - a formula the company patented in the early 2000?s under ?Soy formulas and their use for promoting health.? According to the Revival Products website, many of the health benefits people experiencing menopause can get from consuming soy products is from the isoflavones present in soy beans, which is a compound unique to plants known as a phytoestrogen that is similar in function and structure to the human hormone estrogen. Isoflavones and other phytoestrogens can bind to the same receptors in humans that the human hormone estrogen does, creating some of the same effects as human estrogen, albeit much weaker effects, while also blocking human estrogen from binding to the receptors, thus disrupting the body?s normal endocrine function. To put this in simpler terms, people who have more estrogen in their body than they want, such as trans men, might reach to phytoestrogens to help block their estrogen from having as much of an effect. On the other hand, someone who is suffering from declining amounts of estrogen in their body, such as an older person going through menopause, might want to use phytoestrogens to replace some of the estrogen that?s effectively missing from their body, in order to mitigate the uncomfortable effects of that lack of estrogen. This is where Revival Products comes in.

The goal of Revival Products is to provide the highest possible concentration of isoflavones, the phytoestrogen available in soy beans, without as much of the calories and fat that comes along with eating a large quantity of soy beans. By their calculations, it would take six servings of soy milk each day to consume enough isoflavones to get the most benefits from isoflavones to reduce discomfort during menopause. The Revival Products website claims that some leading soy experts recommend humans consume up to 160 milligrams of soy isoflavones and 25 grams of soy protein per day, which is approximately as much isoflavones and almost as much protein as contained in just one Revival soy shake or bar. By contrast, a single serving of a common soy based food like soy milk or tofu will only contain around 10 grams of protein, and 20-30 milligrams of isoflavones. This means that, while a person could get the recommended amount of soy from just one revival soy bar, they?d need to eat six servings of tofu, approximately a pound of tofu, to get the amount of isoflavones recommended by some soy experts and much more protein.

Revival Products is able to create products with higher concentrations of isoflavones than is found in common soy based foods because they focus their attention on the center of the soybean, called the ?hypocotyl?, where most of the isoflavones are. The isoflavones in the soybean serve to protect the soybean?s precious DNA, right at the heart of the bean, so it can grow into a big and strong plant with healthy DNA. Revival Products? concentration process involves blending the isoflavone-rich portion of the soybean with the portion of the bean that contains the most protein. This creates a final product that contains high concentrations of both soy isoflavones and soy protein, all without using potentially harmful chemicals on their beans.

Not only does Revival Products promote their soy based products as great remedies for the uncomfortable symptoms of menopause, they also claim that customers can use their soy shakes to lose weight. They explain that soy protein could help with weight loss because it has a low glycemic index, which means it will help people who eat it feel full and satisfied for longer. Soy protein is also a complete protein, containing all 9 amino acids the human body needs, making it an excellent healthy source of protein.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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