

Toronto Functional Medicine Centre Examines the Possible Use of IV Therapy for Lack of Nutrients

July 19, 2022

TORONTO, ON - July 19, 2022 -
Toronto Functional Medicine Centre in Toronto, ON, Canada, wants to stress that many Canadians may have nutritional deficiencies due to a number of reasons and that IV therapy can be used to help correct nutrient deficiency. They want to point out that intravenous (IV) therapy and intramuscular shots may be used for vitamin and mineral deficiencies. In addition, there is also the IV glutathione drip that may be used for fighting inflammation-related health conditions.

It may surprise some people that many Canadians may lack some nutrients despite Canada being a first world country. But there are a number of reasons that explain why many people could be suffering from nutritional deficiencies. First of all, agricultural practices tend to emphasize the quantity and size of fruits and vegetables, which are achieved by fertilizers and pesticides. There is a lack of focus on the nutritional value provided. Second, the improper use of antibiotics and other drugs can result in the depletion of nutrients in the body. Third, some people lack adequate knowledge about proper nutrition. Fourth, foods offered for convenience often contain preservatives that can adversely affect the nutrition provided by foods. And finally, Canadians tend to lack sun exposure, which is a natural source of vitamin D.

They want to point out that when there is a lack of micronutrients, such as vitamins and minerals needed by the body, various symptoms can appear, such as a weakened immune function, excessive fatigue, and cognitive disorders. Furthermore, micronutrient deficiencies may also increase the risk of chronic diseases such as cardiovascular disease, cancer, osteoporosis, type 2 diabetes, and age-related eye disease.

The problem is that Canadian adults lack vitamins A and D, calcium, and magnesium when relying on food intake alone, according to a Health Canada report. These particular nutrients have an important role for daily and long-term health. They recommend that people consult with a Toronto functional medicine provider if they think they are suffering from nutritional deficiencies. Because functional medicine is focused on personal health conditions, patients may be advised to change their diet and/or take new supplements, IV drip therapies, or intramuscular shots.

IV therapy is a treatment modality that offers the advantage of nutrients quickly entering the bloodstream through the vein, without going through the digestive tract. This allows for the nutrients to be absorbed swiftly. Some Toronto patients prefer this therapy because it doesn?t result in unwanted side effects (i.e. cramping and diarrhea), which may occur with taking tablets or capsules orally.

People are advised to contact the Toronto Functional Medicine Centre if they feel they need IV therapy. It should be noted, however, that in the functional medicine approach, no patients are alike. Patients are regarded as individual entities and will need to undergo lab tests and medical assessments to determine their specific needs. This will allow them to recommend the specific functional medicine programs to enhance brain health, hormonal health, immune function, and cellular functioning.

The Toronto Functional Medicine Centre employs an integrative functional medicine approach, where they apply functional medicine techniques in combination with restorative medicine, including naturopathic and allopathic medicine, herbal medicine, homeopathic medicine, traditional Chinese medicine (TCM) or Eastern medicine, bio-identical hormone replacement, and more. They use integrative functional medicine therapies for various types of health issues, such as: hormone imbalances, neuropathic pain, chronic disease, acute health issues, postmenopausal health issues, and more. The health conditions that they may be able to assist with include: tissue repair, cellular damage, chronic fatigue, athletic recovery, mineral deficiencies, DNA repair, infertility, immune function, thyroid conditions, skin rejuvenation, adrenal function, and others.

Those who are interested in the IV therapy services in Toronto, such as glutathione IV for inflammatory conditions, can visit the Toronto Functional Medicine Centre website, or contact them on the phone or

through email. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; 9:00 am to 5:00 pm on Tuesdays and Thursdays; and 9:00 am to 4:00 pm on Saturdays.

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Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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