

# **Bexley Dental Elucidates on Full Mouth Dental Implants and the All on 4 Technique**

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Bexley Dental, a dental office based in Bexley, NSW, Australia, wants to inform everyone about full mouth dental implants and how the All on 4 technique may provide a better alternative to the conventional method. The full mouth dental implant procedure is a modern technique that offers a better alternative to dentures for those who are missing a full arch of teeth.

The conventional way of providing full mouth implants usually requires 8 or more dental implants supported bridges. In contrast, the All on 4 method will require only 4 dental implants to support a full arch of teeth. This is made possible through the innovative way of angling the implants at 45 degrees to avoid those areas with decreased bone density while providing sufficient strength. Since only 4 implants are needed, the All on 4 method is much less invasive, healing time is shortened, and the procedure may be used for more complex cases. And patients need not wait for months for the jawbone to fuse with the implants. The All on 4 method typically requires only 24 hours to complete.

The conventional method of using 8 or more implants to support a full arch of teeth has several disadvantages, one of which is the need for the implants to be screwed into areas with lower bone density at the back of the mouth. This has been remedied by bone grafting and sinus augmentation to ensure that the jaw bone is strong enough to support the implants and the full arch of teeth. This means that this requires an invasive procedure and a long time to complete the process because there is a need to wait for the bone to fuse with the implants before the implants can be used to support the full arch of teeth.

It was in 2002 when Dr. Spyrakis learned about the All on 4 technique, which he soon realized was exactly the treatment alternative that he was looking for. The use of just 4 implants and the elimination of the need for bone grafting offered advantages that patients would gladly accept. In addition, the All on 4 technique opens up the possibility of implants for patients who were previously unsuitable for implants.

For instance, those who have high blood pressure were usually excluded because the additional rise in blood pressure due to the anxiety and adrenalin in the anesthetics precluded them from undergoing such kind of surgery. The All on 4 technique is less invasive, which means less anxiety of the patient. Also, the dentist will be adjusting the medication to ensure the blood pressure doesn't go beyond the safe range. Sleep dentistry may also be an alternative because it uses IV sedation and is not adrenalin based.

Those who have lack of jawbone or osteoporosis were previously excluded from having full mouth dental implants. With the All on 4 technique, this has become possible because the angled implants no longer require as much bone density to be secure. And there would be no need for invasive bone grafting procedures.

For patients with diabetes, the main concern is the susceptibility to vascular diseases and infections that may result into implant failure. Fortunately, improvements in treatments of diabetes now allow such patients to consider full mouth implants. As long as the blood sugar levels can be maintained, there is lower risk for complications.

Launched in 1990 by Dr. Theo Spyrakis, Bexley Dental has grown into a dental practice with four dentists and three hygiene therapists who have the knowledge and experience to help patients regain their attractive smile. They are very much capable of offering a wide range of cosmetic dental treatments for their patients. Whether the teeth are chipped, damaged, or stained, patients will no longer have to worry and be embarrassed with their smile after undergoing the appropriate procedures that the dental practice can recommend and provide.

Those who require dental implants and other dental services in Sydney and neighbouring areas can check out the Bexley Dental website, or contact them through the telephone or via email. They are open from 8:00 am to 7:00 pm, on Mondays and Thursdays; from 8:00 am to 6:00 pm, on Tuesdays and Wednesdays; from 8:00 am to 5:00 pm on Fridays; and from 8:00 am to 1:00 pm, on Saturdays.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 [patrice.spyrakis@bexleydental.com.au](mailto:patrice.spyrakis@bexleydental.com.au) 400 Forest Rd, Bexley NSW 2207

## **Bexley Dental**

*Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spyrakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients*

*smiles healthy*

Website: <https://www.ssdentalclinic.com.au/dental-implants/all-on-4>

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