



New Guide by Senior Strong Discusses Shower Chairs for Seniors

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Senior Strong releases an online guide that discusses shower chairs for seniors. The article, published on Senior Strong's website, was produced by the company's senior care experts. The guide was released to aid anyone looking to improve bathroom safety for seniors by providing reliable information on shower chairs.

Older adults may have a higher risk of falling. Although older people are prone to falls, the numbers are quite alarming. US Centers for Disease Control and Prevention report that one in four people over 65 falls each year, but less than half report it to their doctor. Falls are often deadly, and about one in five can lead to serious injuries. Bathing or showering are two of the most common activities that result in senior falls. This guide was designed to provide seniors and their caregivers with detailed information on how they can mitigate risks by getting the right shower chair.

According to Senior Strong, their experts conducted thorough market research to compile the guide. The publication aimed to simplify the search for the right shower chair by guiding readers through the factors to keep in mind as they shop for the best shower chair. The guide explained the different types of shower chairs to give a clear understanding of all the options available. The guide further featured some of the best-rated

shower chairs for elderly use. Readers can find the full guide by visiting their page: <https://www.seniorstrong.org/shower-chairs-for-the-elderly/>.

Since the launch of its site, Senior Strong has provided online resources and detailed research, reviews, analyses, and guides to inform readers about all the tools and knowledge on senior care so they can make the best choices for their loved ones. The guide was published as part of their regular research on senior care products for the bathroom.

“Shower chairs not only offer seniors safety in the bathroom, they also give them a sense of autonomy and independence while showering. We hope to simplify the shopping and selection process by providing a complete guide on the types of shower chairs, the factors to consider, and the best options on the market. Our detailed guide provides a concrete idea of which model would be best suited for their senior family members,” said Founder and Senior Editor of Senior Strong, William Rivers. He believes in providing easily accessible, free online resources for the elderly so they can have all the tools and services needed to live comfortably.

Providing tips, information, and advice on senior care products, assisted living, and other aspects of senior care, Senior Strong helps seniors and their family members learn more about senior care. Senior citizens can also find out about packages, benefits, events, activities, and discounts available to them specifically on the site.

“Life can be embraced at any age, with the right tools and best advice. Our resources bring forward new ways to improve senior living quality and aid in seniors aging in their homes,” said Rivers. Readers can learn more about the best tall toilets for seniors by visiting their page: <https://www.seniorstrong.org/best-tall-toilets-elderly-folks/>.

Full details of the resources available can be found by visiting Senior Strong’s website.

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For more information about Senior Strong, contact the company here: [Senior StrongWilliamRiversinfo@seniorstrong.org](mailto:SeniorStrongWilliamRiversinfo@seniorstrong.org) United States

Senior Strong

*After years of living under the care of your parents and other family members, the time will arrive for you to reciprocate.
At Senior Strong, you can show your loved ones just how much you value them.*

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Email: info@seniorstrong.org



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