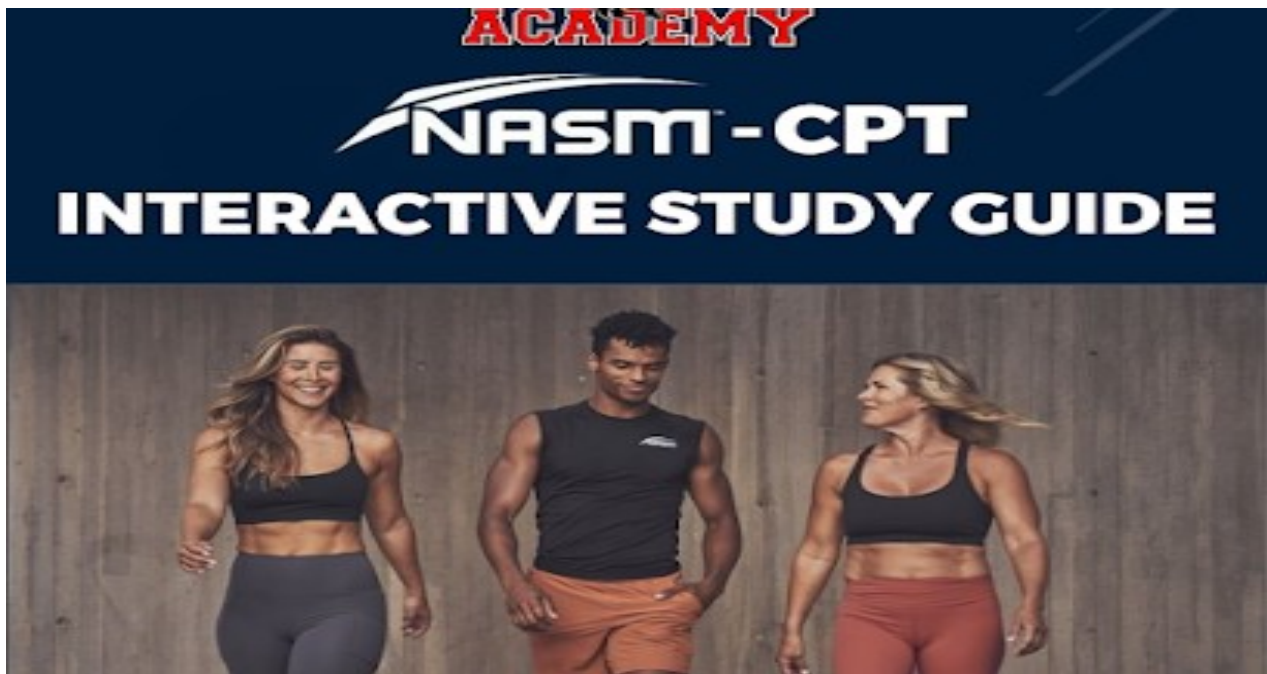




Strength Academy Provides Education For Personal Trainers On Instagram

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Strength Academy, based in Van Nuys, CA, will now be offering educational resources for personal trainers through their Instagram profile. Strength Academy aims to provide personal trainers with a concrete path to certification, following which they may take their career to the next level. By adding Instagram to the list of platforms on which they can be reached, Strength Academy is bringing their personal trainer education to a wider audience of trainers who are looking for ways to increase their skills and marketability.

Are you looking to start an exciting fitness career? A strong desire to help others get fit is a great starting point, Strength Academy says. "One of the best ways to get involved and make great money simultaneously is to get certified as a personal fitness trainer. For some, this may seem like a daunting task, especially if you're deeply rooted in a different career. Not having the proper qualifications can put you at serious risk, even if you mean well. So if you want to make the career change, but aren't sure of how to get started, this page aims to give you important information to help and explain why the NASM Personal Trainer Certification is one of the best personal trainer certifications to have."

Strength Academy's educational resources include a NASM-CPT Cheat Sheet Guide that explains

everything an aspiring personal trainer might need to know when they take the exam. The cheat sheets include the OPT model, resistance training guidelines, overactive/underactive muscles, planes of motions, stages of change model and more. They also provide an exclusive interactive study guide that provides in-depth information for those who might need more information. This is all information that is likely to be useful on exam day, and Strength Academy offers a pass guarantee with their guide. Visit Strength Academy's website at <https://sacpt.org/> for more information on their study guides.

The institution primarily provides assistance with the NASM Personal Trainer Certification. NASM is an NCCA-accredited program that is widely recognized throughout the fitness industry. This means that any personal trainers who choose to get certified through NASM greatly improve their chances of finding a job at a health club or gym. The certificate only has a 64% pass rate, meaning only those who are committed to succeeding as personal trainers make it through.

The fitness industry is a huge industry that is constantly growing, and personal training alone was notable for bringing in over 10 billion in 2020. Strength Academy says, "Personal trainers in the US make on average \$69,901 per year, and the industry is expected to keep growing. If fitness is truly your passion, and improving the overall health of others is something you think you would excel at, there is no better time to join this industry! Taking on this challenging course using other study programs is difficult without a lifetime of practical experience. Interested students should strongly consider Strength Academy's NASM-CPT Study Guide and/or Crash Course to start their career move."

They add, "Fitness professionals are needed now more than ever, and have the opportunity, after establishing a base with their own personal knowledge and gaining several hours of hands-on practical experience, to experience the freedom of training clients online, since many of the people looking for personal trainers are looking for remote instruction due to the pandemic's effect on gyms."

There are a number of factors that set Strength Academy apart from other CPT certification programs. With fitness being such a huge industry, there are countless other certifying agencies and person training certification programs across the United States, but Strength Academy is considered to be a cut above due to the fact that their certification program is very easy to read ? thus allowing readers to get through the material a lot faster. Upon passing the exam and becoming NASM Certified, aspiring personal trainers then have the option to further their education and gain some experience through Strength Academy's internship program.

To get started on Strength Academy's person trainer certification program, visit their location in Los Angeles. Further inquiries may also be answered over the phone or by email.

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For more information about Strength Academy Personal Trainer Certification, contact the company here: Strength Academy Personal Trainer Certification Natalia Lane +1 818-858-6395 Natalia.Lane@sacpt.org 6314 Sepulveda Blvd, Van Nuys, CA 91411, United

Strength Academy Personal Trainer Certification

Become a NASM Certified Personal Trainer in just 5 weeks with the #1 Personal Trainer School in Los Angeles! We will help you ace your NASM-CPT exam in our accelerated 5-week hands-on course. We're here to set you up for a successful fitness career.

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