

Toronto Functional Medicine Centre Offers IV Therapy in Toronto for Nutrient Absorption

July 21, 2022

TORONTO, ON - July 21, 2022 -

Toronto Functional Medicine Centre in Toronto, ON, Canada, wants to point out that it may be able to help those who lack certain nutrients with IV therapy in Toronto and nearby areas. This is important because a significant percentage of Canadians lack the daily requirements for vitamins A and C, including magnesium, calcium, and potassium, according to a study at the University of Toronto. Vitamins A and C are essential for a strong immune system while the minerals mentioned help regulate blood pressure. The functional medicine clinic in Toronto has therefore recently published a blog post that explains how IV therapy may be used to increase one?s nutrient intake and help correct nutritional deficiencies.

The article points out that while some may be surprised that Canadians lack nutrients even when living in a developed country, there are a number of reasons for this. Reasons include: convenient foods that are ultra-processed, which means they lack nutrition; agricultural practices that neglect nutrient content while focusing on growth rate, size, and pest resistance; prescription medication that can interfere with nutrient absorption in the digestive tract; and many Canadians not being aware of nutrition guidelines.

At the Toronto Functional Medicine Centre, their health professionals can offer advice on some methods on how to remedy nutritional deficiency, such as dietary changes and/or intravenous (IV) infusion therapy. Dietary changes may involve ingesting organic nutrient-rich foods and dietary supplements, such as multivitamins and nutraceuticals, and avoiding processed and sugar-laden foods. However, oral therapies may not always provide full absorption of the available nutrients and some patients, such as those suffering from dysphagia, may not be suitable for this.

Thus, their functional medicine providers also recommend intravenous infusion therapy, sometimes known as IV drip therapy or vitamin IV therapy for helping address nutritional deficiencies. IV therapy is a longed-for treatment as it enables full absorption of nutrients. In addition, it is a good alternative for patients with digestion problems and those who are not fond of taking pills. This is because nutrient absorption is efficient since it goes directly to the bloodstream and bypasses the digestive tract and it also avoids the side effects of taking oral supplements, such as diarrhea, cramping, bloating, and more.

Before a patient can get IV therapy at the Toronto Functional Medicine Centre, they will first undergo an initial consultation that will last for 30 to 45 minutes that is performed by their functional medicine providers. This may include functional medicine lab tests, depending on the health status of the patient. And once possible nutritional deficiencies have been determined, the clinic will prepare a freshly compounded IV drip containing the essential nutrients that are needed by the specific patient. And finally, the patient is comfortably seated and the IV drip is inserted into the vein, which will result in therapeutic doses of a solution entering the bloodstream.

The Toronto Functional Medicine Centre takes an integrative functional medicine approach, where they combine functional medicine methods with restorative medicine, such as naturopathic and allopathic medicine, traditional Chinese medicine (TCM) or Eastern medicine, herbal medicine, bio-identical hormone replacement, and more. They use both functional medicine and integrative therapies for different kinds of health problems, including: neuropathic pain, acute health issues, hormone imbalances, postmenopausal health issues, and more. The health conditions that they may be able to help with include: tissue repair, cellular damage, chronic fatigue, athletic recovery, mineral deficiencies, DNA repair, infertility, immune function, thyroid conditions, adrenal function, skin rejuvenation, and others. This private Toronto clinic always employs a patient-centered approach to wellness and their functional medicine programs may be used for both acute and chronic care.

Those who are interested in getting more details about the treatment services offered, such as IV therapy in Toronto for nutrient absorption, can visit the Toronto Functional Medicine Centre website, or contact them

through the telephone (416) 968-6961, or via email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; 9:00 am to 5:00 pm on Tuesdays and Thursdays; and 9:00 am to 4:00 pm on Saturdays.

###

For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

Website: https://torontofunctionalmedicine.com/

Email: info@tfm.care

Phone: (416) 968-6961

