ReVIDA Recovery® Center Johnson City Answers the Question on How Long Does Suboxone Block Opiates

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ReVIDA Recovery® Center Johnson City, a ReVIDA Recovery® Center based in Johnson City, TN, has recently released a blog post that answers the question of how long buprenorphine or Suboxone will be able to block opiates. Buprenorphine (Suboxone®) is a medication used in the treatment of opioid use disorder (OUD). It is actually a combination of buprenorphine and naloxone and it can be prescribed by doctors. It has been observed that on average, buprenorphine (Suboxone®) can block opiates for a whole day or 24 hours. However, the effects can last for 60 hours. But the duration will also depend on the dosage of Suboxone that has been prescribed.

According to statistics from the National Institute on Drug Abuse (NIDA), there have been more than 1,300 opioid overdose deaths in Tennessee in 2018. Thus, ReVIDA Recovery® is keen on helping fellow Tennesseans through its network of outpatient treatment centers. They have been pushing for outpatient treatment because they understand that many patients have other obligations aside from recovery. Thus, they offer outpatient treatment that allows the patient to go to the facility for treatment and then go home afterward. They use evidence-based treatment practices that include individual and group therapy, medication-assisted treatment (MAT), and education classes.

MAT, which utilizes medications, such as buprenorphine (Suboxone®), is provided to help minimize the withdrawal symptoms that the patient will go through. All of the medications they prescribe have been approved by the Food and Drug Administration (FDA), and each prescription is ensured to be custom-fitted to the specific needs of each patient. MAT has been demonstrated to be effective in boosting patient survival; reducing illegal opioid use and criminal activity in people struggling with substance use disorders, and keeping patients in treatment.

They also offer cognitive behavioral therapy (CBT) and group therapy. CBT is considered to be the gold standard of therapy and it is focused on the negative thinking patterns of patients so that these can be reframed based on reality. When CBT is used in combination with medications, such as buprenorphine (Suboxone®), it can be very effective in assisting the patient in overcoming their struggles with addiction. To modify behavioral patterns, CBT can use various strategies, such as: facing one?s fears rather than avoiding them; learning to relax the body and calm the mind, and using role play to prepare for negative interactions with other people. To alter thinking patterns, CBT can use the following strategies: learning to develop self-confidence; gaining better comprehension of the motivations and behaviors of other people; learning to be aware of one?s negative thinking patterns and reassessing them in terms of reality, and utilizing problem-solving skills to cope with problem situations.

Group therapy can be used to help reduce the stigma surrounding opioid use disorder by demonstrating to patients that they are not alone. This is because they can see other people having the same struggles they have been facing. And in group therapy, some patients may be able to help out with the challenges that another patient is going through while holding each other accountable too. Group therapy can also demonstrate that there is diversity in addiction, which can help patients put things into proper perspective.

ReVIDA Recovery® Center was founded with the mission of advocating for safe and healthy communities by enabling people to achieve recovery after struggling with an addiction. They are establishing a top-rated network of outpatient recovery facilities that are focused on delivering clinical excellence and leading results in the industry. Their clinical expertise is focused on the application of evidence-based methods. They are proud of their work and they will aggressively challenge the prevalent negative view about people struggling with an addiction. ReVIDA Recovery® is a full-scale behavioral healthcare provider that includes medication-assisted treatment (MAT) as part of the wide range of treatments that they offer to help individuals struggling with addiction get on the path toward recovery.

People who are interested in getting more details about the addiction treatment services offered by ReVIDA Recovery® Center Johnson City can visit their website, or contact them through the telephone or via email.

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For more information about ReVIDA® Recovery Johnson City, contact the company here:ReVIDA® Recovery Johnson CityLeah Wilcher423-631-0432generalinfo@revidarecovery.com3114 Browns Mill Road,Johnson City, TN, 37604

ReVIDA® Recovery Johnson City

We are committed to our patients? well-being. Every day at ReVIDA® Recovery, we challenge ourselves to continue building your trust, as you travel the path of recovery.

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